Speaking Through A Medium...

Spirit Of JFK Tells What Really Happened In Dallas

by KRISTA LEE

A British medium, who is well known for her psychic powers, has contacted the spirit of John F. Kennedy in an effort to find out what really happened in Dallas.

Mrs. Helen Aintree, who lives in Southsea, England, has acted as a medium for literally hundreds of people wishing to contact relatives and friends who have died.

She has been the subject of many investigations by psychic researchers and stories about her have appeared in a number of learned medical, psychological and religious publications. A recent article in MIDNIGHT described Mrs. Aintree’s experiences with life after death.

“I cannot explain my powers,” says the 48-year-old woman. “They are a gift I am obligated to use to help others.”

The medium warned that messages from the spirit world may sometimes seem vague and disoriented to those still living in the physical world.

“You must remember that the spirit world operates in another dimension and there can only be partial contact between the two,” she said.

Mrs. Aintree first attempted to contact John F. Kennedy’s spirit last spring. Since then, she has received messages on a number of occasions.

The first few times Mrs. Aintree tried to contact JFK’s spirit, however, she was unsuccessful.

“I could feel his presence,” she said, “but I couldn’t quite get through to him. There are many planes in the spirit world and everything must be in harmony for me to meet a particular individual at a particular time.”

It wasn’t until her third or fourth attempt that Mrs. Aintree managed to actually contact JFK’s spirit.

“You have to understand how this contact is made,” said Mrs. Aintree. “First I have to concentrate all my powers on reaching beyond this world and into the next. I guess the best way to describe it is to say that I go into a sort of trance — although, in actual fact, it is a bit more complicated than that.

“I was in an especially deep trance the first time I actually made contact with Mr. Kennedy,” said Mrs. Aintree. “A voice spoke through me and everyone in the room recognized the voice of the late president — even though I had not told them that he was the individual I was trying to contact.

“The spirit said, ‘Seek the truth. There is more to come.’”

Later on, during the same seance, Mrs. Aintree asked the spirit of JFK, “Do you remember Dallas?”

Although Mrs. Aintree wasn’t aware of it herself at the time, those present at the seance said she suddenly turned very pale and clutched her throat. Her voice, or that of JFK’s spirit, became hoarse and excited.

“A shot. I remember a shot — people screaming. My throat ... Everything was happening so fast,” said the voice.

On another occasion Mrs. Aintree asked, “Do you remember what happened immediately after the shots?”

She said JFK replied, “I remember a detached sensation and looking down on the scene below from a point outside my own body.

“I wasn’t yet completely aware of what had happened and remember wondering why Governor Connally was slumped over in the front seat of the limousine. I remember Jackie climbing out on the trunk of the car and one of the agents pushing her back. I realized that people were running but I felt very removed — very detached.”

“Can you tell us what really happened?” asked Mrs. Aintree.

“I am not sure. I have only fleeting impressions of what was going on around the car,” JFK’s spirit told Mrs. Aintree.

“The officers were running across the grass to the Depository. I remember wondering why all of them were running in that direction. I remember thinking, ‘You’re going the wrong way.’

“I wanted to tell them, ‘The sewer. Check down the sewer.’ But I can’t remember why.”

According to police reports, there was a drain cover located...
MRS. AINTREE claims to have contacted the spirit of JFK several times behind a fence on the grassy knoll up which police officers raced immediately following the shooting. It wasn't until later, however, that agents inspected the manhole and found that it led to the sewer system that runs under Dealey Plaza.

It is possible that one or more people escaped the scene by this route and that John Kennedy was unconsciously aware of the fact.

During one of the seances Mrs. Aintree said that JFK's spirit told her of memories he had of sitting in a chair on a grassy slope.

"There were trees and water. I remember Jackie was there and a few people in white uniforms."

Perhaps JFK was just remembering earlier days with Jackie. The white uniforms could have been those worn by the household staff.

Or was he verifying accounts that he did not die immediately and that he spent some time on Skorpios as an invalid confined to a wheelchair?

On yet another occasion, Mrs. Aintree asked, "Do you know if Oswald, alone, was responsible for your death?"

"Others. There were others," was all the reply she received.

Was JFK referring to reports that there was more than one gunman waiting for him at Dealey Plaza?

JFK'S version of his death differs from Warren Commission's conclusions

One authoritative report claims that Oswald was there to assassinate, not Kennedy, but Governor Connally, who had refused to review his dishonorable discharge from the Marine Corps. This account claims that there were two marksmen besides Oswald waiting for the cavalcade to arrive.

The mystery is far from solved. Mrs. Aintree's spiritual contact with JFK, however, may set us back on the road to learning the truth.

"I cannot emphasize how important it is to realize that these messages come from a totally different dimension from the one we know," she said. "In order to understand, we must proceed slowly and carefully."

Mrs. Aintree added, "I will continue to try to contact him. Perhaps in the future he will be able to reveal more."

One person present at a number of seances in which Mrs. Aintree has been able to contact the spirit of JFK is Farley McGivern.

Mr. McGivern is a lay priest and the spiritual leader of the Kennedy Worshippers, a steadily growing organization dedicated to the memory of the late president.

McGivern, who believes that JFK's spirit is still among us, said, "There is no doubt in my mind that the voice we heard was that of John Kennedy."
ASSASSINATION PHOTO shows grassy knoll in background. Sewer shown in photo at left is behind fence.

COULD THE sewer that JFK spoke of be this one in Dallas suspected as an escape route?