William Turner, "The Spirit of 66," Ramparts, Jan 67:

p. 74 - Methan gas (or nerve gas) is obtained when small slivers of pure teflon plastic are inserted in a cigarette. The results are always fatal and almost immediate. (From The Minuteman Handbook.)

p. 75 - "That extra fountain pen in the pocket of the insurance salesman that calls on you might be a cyanide gas gun ... " (From On Target, monthly newsletter of the Minutemen.)