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U.S. Oficials Say Helms Will Leave Teheran Post

WASHINGTON, Nov. 2 (AP)—Richard Helms, former Director of Central Intelli-gence, has decided to retire as Ambassa-dor to Iran, United Statesofficials said

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Mr. Helms, who is 64 years old, was named to the Teheran post in 1973. He notified President Ford of his intention to retire several days ago, the sources said, but Mr. Ford decided to delay an announcement until after the voting today. Mr. Helms will remain in office until the end of the year.

Mr. Helms was director of the C.I.A. from 1966 to 1973, a period of some of the agency's most controversial activities at home and abroad.

Critics have charged that he supervised activities that included torture and assassination in Vietnam, direct interference in the domestic activities of such countries as Chile and the training of secret police for other nations, including Iran. A major charge against Mr. Helms concerned allegations that the agency had been involved in the Watergate scandal and subsequent attempts to cover it up.