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Not only has her father overcome what she called the "depression" he suffered after leaving the Presidency, said Julie Nixon Eisenhower, but he is also hard at work on the Watergate chapters of what she promised would be a "very candid" book about his Administration. Interviewed on the "Today" show yesterday. Mrs. Eisenhower said of Richard M. Nixon: "I think it was very normal to be depressed. I think the whole country was depressed." Asked whether her father had "repented" any mistakes he might have in the Watergate affair, she replied, "He's honest with himself and he knows he made mistakes, but I'm not going to repent for him. He's a great man. He can admit his mistakes."