Pat Nixon has been voted the most admired woman in the United States, according to a poll published yesterday in Good Housekeeping magazine.

Mrs. Nixon’s younger daughter, Julie Nixon Eisenhower, was fourth among the top ten.

Betty Ford ranked seventh in the poll, which evaluated responses from 1500 readers of Good Housekeeping.

Golda Meir, the former Israeli prime minister, was second and Rose Kennedy, mother of John F. Kennedy, ranked third.

Fifth place went to Shirley Temple Black, the child movie star of the 1930s who is now American ambassador to Ghana. Actress Patricia Neal, who resumed her career after near-fatal illness, was sixth.

In eighth place was Princess Grace of Monaco. Ethel Kennedy was ninth and Mamie Eisenhower was tenth.

Good Housekeeping said readers were asked to choose the top ten women from a list of 47.