SFExaminer Krogh: prison wisdom

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WASHINGTON — Egil "Bud" Krogh says he learned more about people in six months in prison than he did working "behind the walls" in the White House.

Krogh, the former White House "plumber," is nearing the end of a six-month sentence at the minimum security prison in Allenwood, Pa. He pleaded guilty to violating the rights of Daniel Ellsberg's psychiatrist as a result of a break-in at the psychiatrist's office.

"I think you first just have to realize that no man is different from any other man once you are in an institution," Krogh said in an interview for broadcast today on CBS.

"Everyone has to do their time the best way they can. You don't hold yourself apart. You don't have to make friends in a very anxious sort of way. Just do it a day at a time.

"Respect everyone that you meet, and the time will go fast and I think you'll find that you learn a great deal."