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FEB 1 4 1974 "Mrs. Longworth has kept young, the President told reporters, by not being obsessed by the Washington scene. 'If she had spent all her time reading The Post, she'd have been dead by now.""

Of Gifts and Criticism

By Jeannette Smyth

Reprinted from yesterday's late editions President Nixon led a long line of Washington's famous and powerful who helped celebrate the 90th birthday of Mrs. Alice Roosevelt Longworth on Tues-day, then joined another birthday celebration in a downtown restaurant where he had a few sharp words for the press.

Mrs. Longworth has kept young, the President told re-porters as he left Trader Vic's restaurant, a few blocks from the White House, by not being ob-sessed by the Washington scere.

"It she had spent all her tim, reading The Post, she'd the ftar, for that matter."

"lut Mrs. Longworth sees the vorld and brings people in fom all over," the Presi-den continued, "and as a resulthe stays young by not bein obsessed by miserable polital things all of us un-fortuately think about in Washigton, instead of the greatthings which will affect te future of the world which The Post unfortunatel seldom writes about in a esopnsible way.

Trning to ascend the escalsor to street level, Mr. Nign called over his shoulde; "Quote that exactly as I sail it."

The President and Mrs. Nxon said they made a last ninute decision Tuesday might to join their daughter and son-in-law, Julie and David Eisenhower, in cele-brating the 58th birthday of Mr. Nixon's personal physician, Dr. Walter Tkach, with dinner at the Polynesianstyle restaurant.

It was the second time in five days the First Family visited the restaurant. Last Friday night Mr. Nixon pre-sided over a Trader Vic's Vic's party attended by the House and Senate minority leaders and Vice Presidnet Gerald Ford.

Mrs. Nixon said that the Eisenhowers young originally had planned the party

for Dr. Tkach, and his wife, the former Cheryl Gailliard, for last Saturday night, Tkach's actual birthdate, but Tkach was ill.

As Mr. Nixon table-hopped his way toward the exit after dinner, patrons in the half-filled restaurant applauded him. He stopped by the table of Susan Ford, the teen-aged daughter of Vice President Gerald Ford. Miss Ford and her' Holton Arms School roommate were having dinner with a group of young people. The President responded

with good humor to queries about his annual physical check-up scheduled for Wednesday morning after sev-

Hesaay morning after sev-eral delays. He said, "They jab you with needles and take your blood pressure" but "I've been doing it for 60 years, so it's no excuse for not do-ing the job." One diner asked the Presi-

dent how he was feeling. Mr. Nixon replied that his older brother and his mother had died of diseases. but, he added jokingly, "I'll never die!"

Tkach's was the third birthday Mr. Nixon cele-brated on Tuesday—the birtun. brated on first. Lincoln's, with speech at the Lincoln Mem-orial, and the second. Alice Roosevelt Longworth's with visit to Mrs. Longworth's Massachusetts Avenue home. home.

The Nixons and the young Eisenhowers headed up a guest list of 175 friends Mrs. Longworth has collected over her decades as a Wash-ington resident. Mrs. Art Buchwald, wife of the columnist, brought a large Rag-gedy Ann doll as a present, with a note that said "even naughty girls deserve a doll on their birthday."

Secretary of State Henry Kissinger brought no gift, but invited Mrs. Longworth to lunch to see the abstract paintings in his office.

President Nixon brought a music box with the Presi-dential Seal that plays plays

Strauss waltzes; Mrs. Nixon brought two jars of Iranian caviar in a white paper bag.

Mrs. Longworth, wearing a long black dress with huge tigers printed on it, greeted the Nixons at the head of the stairs leading to her living room. Mr. Nixon told her the caviar had been "given to Mrs. Nixon by the Iranian ambassador, so they must be the best. We know you like to eat it with a spoon."

The First Family stayed for an hour. The President wound up sitting on the sofa, talking to Mrs. Longworth and her half-sister, Ethel Roosevelt Derby, 81.

*Everybody remarked on how well the President looked," said Smithsonian Secretary S. Dillon Ripley

on his departure. Also among Mrs. Long-worth's well-wishers were Margaret Truman Daniel, Long-Margaret Truman Daniel, daughter of the late Presi-dent Harry S. Truman; Sen. and Mrs. Charles Percy (R-III.), Sen. and Mrs. Hugh Scott (R-Pa.), Sen. and Mrs. William Scott (R-Va.), for-mer ambassadors Averell mer ambassadors Averell Harriman and Louise Gore, Secretary of Commerce Frederick B. Dent, Mayor and Mrs. Walter E. Washing-ton, Mrs. Robert Low Bacon, the grande dame of Republi-can hostesses, former vicepresidential candidate Sargent Shriver and his wife, Eunice Kennedy Shriver, Italian Ambassador and Mrs. Egidio Ortona, and för-mer Sen. and Mrs. John Sherman Cooper of Ken-

tucky. Mrs. Longworth had three birthday cakes—c "Happy Birthday cakes-one with To Me" written on it, and two more in the shape of the numerals nine and zero. There were 10 candles on the large, round cake "To Me," and someone pointed out that the 10th "was to be good on'." "Not a chance," quipped

another guest.