Hunt's Thing Is Yoga

DALLAS — (AP) — Dallas oil billionaire H. L. Hunt, who's just turned 83, has taken up yoga.

"I was reading this book that explained how yoga can add 10, or 20 years to your lifespan and I decided to take it up," he said.

After 16 lessons, Hunt invited newsmen to his home to demonstrate what he's learned.

Rather Talk

Hunt wanted to attempt the cobra position.

His instructor said she'd rather have him talk about meditation.

Hunt said he first became acquainted with the exercises when some of the women at his church took it up.

"But that wasn't for health," he commented. "I think what they really wanted was an excuse to wear short skirts."

"Tell them how it gives you energy," his teacher said.

Asked how he planned to use the energy, Hunt said:

"To defeat Nixon. He's the worst President this country has ever had."

Join Lessons

The billionaire's wife and oldest son and a secretary join him for the thrice weekly lessons.

Hunt dismissed rumors

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YOGA AT 83 FOR TYCOON
Secretary Paula Lindsey joins H. L. Hunt in exercise

that he is the world's richest man.

Just how much money does he have?

"If you know how much money you have," Hunt answered, "you aren't very wealthy."