

26 Oct 71 - "Mrs. Nixon had known from conversation with the President that he was going to China, even before he made the announcement on July 15. She knew she would go with him to Peking when [Kissinger] returned from his advance trip there in October [26 Oct]. But she was not free to discuss it until November 30."

this file Feb 72, "The 'New' Pat Nixon,"  
by Lenore Hershey, Ladies' Home Journal