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## Health Report on Ford Released Despite Objection by His Doctor

WASHINGTON, Feb. 9 (AP)—President Ford, reported in "excellent health," drinks two to four ounces of liquor in the evening, swims a quarter-mile each day and has dark tobacco stains on his teeth.

These data and others relating to Mr. Ford's health and habits were made public today over the objections of Rear Adm. William M. Lukash, the Presidential physician, who saw no need to publicize what he termed "medical trivia."

Because Mr. Ford had promised a full report on his health, and suggested that other candidates might consider doing the same, the White House press secretary, Ron Nessen, made available a seven-page "narrative summary" by Dr. Lukash of the President's medical examination at the Bethesda, Md., Naval Hospital on Jan. 25.

The report, filled with medical terminology, as well as plain language, almost certainly is the most detailed ever made public about an incumbent president.

Dr. Lukash reported that the President faced six problems in 1975 that could have affected his health, but surmounted all of them.

One was the quick sequence of two attempts last September to assassinate Mr. Ford during visits to Sacramento, Calif., and San Francisco.

"The President suffered no ill effects either physically or emotionally," Dr. Lukash wrote. "I was not aware that he had any undue preoccupation concerning these events. The President was able to talk freely about these incidents and continued to sleep very well and I feel in no way did they affect his subsequent day-to-day activity."

Mr. Ford suffered a muscle

cramp in his left calf that awakened him on the night of Dec. 20.

"This responded to rest and treatment with hot packs and ultrasound and massage," Dr. Lukash reported. "There has been no recurrence."

Dr. Lukash also wrote that Mr. Ford had had a recurrent problem with rectal bleeding, related to excessive activity and fatigue but said this posed no special difficulty.

As was reported at the time, the President also suffered from a head cold in October, had some swelling of the left knee after skiing in Vail, Colo., during the Christmas holidays and had a benign wart-like lesion removed from the upper lid of his left eye on Dec. 3.

"The President has continued to maintain his tremendous physical capacity for hard work without any difficulty," Dr. Lukash said after citing the six problems. "His cardiovascular functions remain excellent, and he is able to tolerate more than regular exercise without difficulty."

Mr. Ford, he said, exercises his knees daily to strengthen them—both have been operated on—and maintains his weight at 194 pounds "without difficulty."

Each evening, the doctor said, the President swims in the heated outdoor pool at the White House "and now swims 22 lengths for one-quarter-mile which he does in 14 minutes."

Dr. Lukash said Mr. Ford has an annual flu shot, takes "an occasional sleeping tablet while traveling," and from time to time takes an oral decongestant because of nasal congestion associated with a "slight deviation of the nasal septum" that is of long standing.