

SEP 10 1976

Dear Jim,

9/9/76

Thanks for the fat envelope holding your 9/5. I'll be going over the clips soon. I still follow the practise of using them for a rest period, whether of body or mind.

It was no real trouble getting the extra WxPosts. It took a little longer than expected, tho. I'll explain so you wan't feel we are really extending. By now you should have those Sunday pieces, sent 3cl. Another is building up.

Our local delivery of the WxPost is by a husband/wife team. He takes one part of the route, including the Frederick City depots Mike stores and the news stand, and she takes part of the rural split, including us. Generally they have a few extras. If one of us spots something requiring a dupe, "il calls her and she'll leave the extra paper the next day. That Sunday they cold out. She had to await the returns from the stands. After several days they were in our box. Lil then clipped and that was there was to it. I figured it was not urgent that you get it fact or I'd not have used 3cl. Your hunch is correct, copying would have been a big job. So it really was no trouble.

As I recall it was either the Sunday of the Stern-Kesler CIA story or the one before that. The Post has not told me but they have this pair assigned to JFK. I gather full time. Oh, well, there is Lane on King. The wheel turns. So do the screws. I'm satisfied my decision to turn to the ciurts is the correct one.

You are also correct in the belief that the recent weeks have in all ways been tougher. I'm not sure what the explanation is. Inx one I've worked a sort of improvement that is meaningless except in temporary tranquility. In another I've done an enormous amount of work, with good foresight as the enclosed memo to Howard indicates. On the health I guess it was a combination of only partly perceived tensions and still again bad fits on the supports.

The friend who has been providing transportation to D.C. made a long day possible yesterday. His special schooling is finished. It enable Cesar and me to spend the afternoon planning for the evidentiary hearing for which we have only anweek. I'll be doing some memos that may interest you. Where I anticipate they may I'll carbon.

As soon as ~~the hearing was over~~ we reached the courthouse, while Jim was making a page of notes, all he had time for, based on our conversation in the cab from his home to the courthouse, I phoned the center where these supports are measured and could make a one p.m. appointment. This is why we had the downtown celebration, with Bud's secretary as guest. She is a fine person, of foreign origin and able to see where those without can use what the well-off throw away. Hence the envelopes and yesterday labels that I'll not have to buy and from which I can cut the address while seeing TV news. We dined a half-block from this center. They examined the ones I was wearing and agreed that the adjustment I'd made was okay. They are not comfortable. I have to wear a pair. I let the discomfort concentrate at one point, on each leg. This way they don't drag me down. The other set they don't want me to wear. They are sending them back as a malfit, to be replaced. And they are going to try something that may deter the rolling at the tip of the inside of the thigh, where I'm fleshy and it cuts off circulation. These kinds of things are a real drag. I suspect that those supports were a major if not the total cause of the real trouble I had. I did, as the waif once said, zonk out. That did cause apprehensions. I was satisfied that it was contributing or causative and stopped wearing them, whereafter the symptoms wore off. Most of the chest discomforts have disappeared. Few this a.m.

Guess Je has set no new time records. With the speed she's reached it is probably impossible. Presume she is getting along well. Hope so.

I've also cut back on the clipping and keeping. I can't get to file. Thus you've received what I used to clip and keep where I can guess you can use it. Except on SEAsia and China, where I can't take time, I read it first. "il has done most of the spotting because I've rarely had time to look at the papers. Thanks and best to you both,

*HW*