

JAN 15 1976

JL, JDW

medical report

HW 1/13/76

Because of my references to seeming to have reached a plateau, to remaining tired despite more rest I report the newest medical report from yesterday's blood test and conversation with the doctor's nurse about it today.

Physically I am coming along very well. All the body signs, the way the body is working or recating, something like this.

The rest is normal and may continue for a while. Meaning the tiredness, etc.

A sort of weakness feeling, slightly on the numbness side in the left forearm and the greater sensitivity to cold of the left hand (which gets very cold despite gloves) apparently of no meaning.

Lil felt the coldness might be indicative of a circulatory problem and I asked this. Answer no.

I became quite uneasy yesterday with this left-arm sensation, which passed off and then came back and is less but present now, but attributed it to anxiety. Many new considerations made me feel this possible: Bud/Ray; taxing from coming trip; not hearing from lecture bureau on arrangements, etc.

But the nurse assured and reassured.

I can cut the blood-testing in half now, which ought to be a good sign if the level of anti-coagulant is not a bad sign.

In short, although I feel uneasy all the indications and reports are that I should not. Or, encouragement.