

NOV 4 1974  
**Nixon Taken  
Off Hospital  
Critical List**  
SFChronicle

Long Beach.

Former President Nixon was taken off the critical list yesterday for the first time in six days.

He continued to show increased strength since a brush with death brought on by post-operative complications.

"It's his best morning since hospitalization began," Mr. Nixon's physician, Dr. John C. Lungren, said in his daily medical bulletin.

Lungren said through hospital spokesman Norman Nager that the 61-year-old former chief executive began a soft food diet, including custard and vegetables, and sat up for the first time since entering the hospital for treatment of phlebitis October 23.

Mr. Nixon had been fed intravenously during the critical period, until Saturday when he was first allowed to take consomme and gelatin.

Lungren said Mr. Nixon is now in "sub-intensive care," which he described as "a step down from critical care." The next less serious condition would be "intermediate care" but there was no indication when Mr. Nixon might be put in that category.

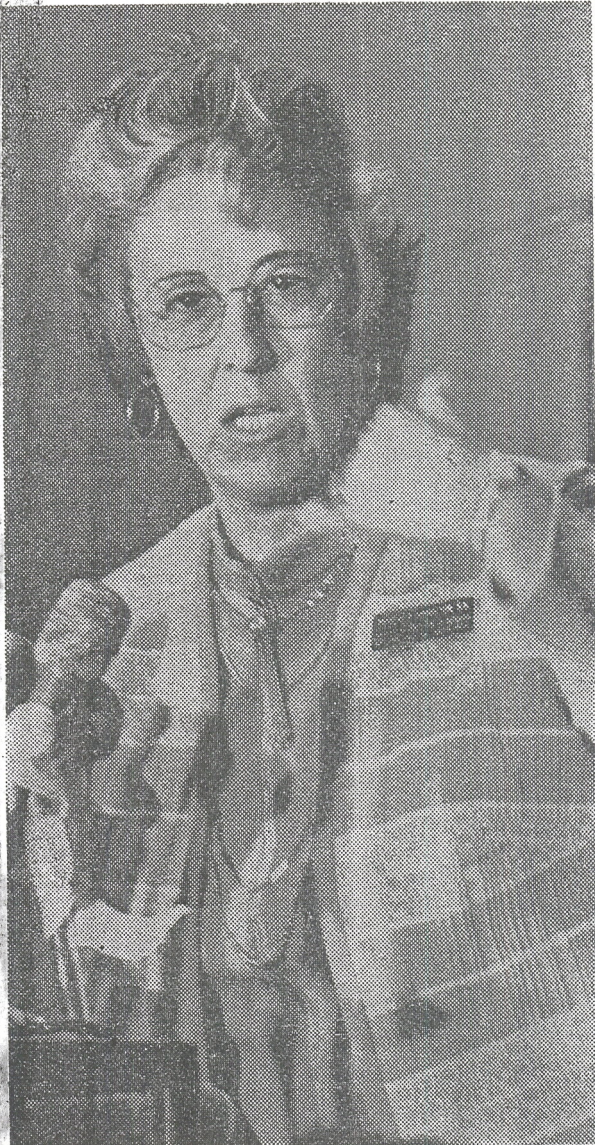
Mr. Nixon slept at intervals Saturday night, Lungren said. He described his patient's vital signs as normal.

Lungren said the blood clot in Mr. Nixon's groin area, which forced urgent surgery last Tuesday morning, had not enlarged.

The doctor said Saturday that internal bleeding near Mr. Nixon's abdomen had been stopped and that the former President had received no blood transfusions since Thursday.

Connie Hamilton, director of critical care nursing at Memorial Hospital Medical Center, described Mr. Nixon as "physically quite ill" during a briefing to newsmen.

She said that two nurses had been in Mr. Nixon's room on the unopened top floor at all times during the critical period, but now there will be only one nurse



UPI Telephoto

HOSPITAL AIDE CONNIE HAMILTON  
She reported on Mr. Nixon's condition

## NIXON

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in the room. A backup nurse will remain on the top floor.

"Today's his first day up," she said. "That means he'll probably dangle (his feet) on the side of the bed."

She added, "When he sits up, they (nurses) will watch his blood pressure and his pulse and any change of his vital signs." A drop in blood pressure and a rise in the pulse rate are symptomatic of the shock which pushed Mr. Nixon into critical condition last week.

Mrs. Hamilton declined to respond to a question on whether Mr. Nixon had been irritable or depressed during his hospitalization, saying, "I think that's personal information."

She said Mr. Nixon's wife, Pat, and daughters, Julie Eisenhower and Tricia Cox, are permitted to visit the

former President only five minutes each hour.

"They have been extremely sensitive to his needs," Mrs. Hamilton said of the family, which has maintained a vigil at the hospital since last Tuesday night.

Lungren said the former president will continue to receive 10-minute "positive pressure breathing treatments" about every four hours. He said Mr. Nixon had received a total of six units of blood, nine units of platelet concentrate — or red blood cells concentrate — and one unit of albumen — & liquified protein — during his hospitalization.

"We're keeping open the intravenous for emergency medication should that become necessary," Lungren said, although there was no indication Mr. Nixon would need such treatment.

Associated Press