Nixon's Mood Stirs Anxiety: Some Find Him By JOHN HERBERS Special to The New York Times WASHINGTON, Aug. 14—A and tense, but he did not look white House official who recen fatigued. He looked rested." By JOHN HERBERS In the look of the New York Times WASHINGTON, Aug. 14—A and tense, but he did not look white House official who recen fatigued. He looked rested." By JOHN HERBERS In the look of the New York Times WASHINGTON, Aug. 14—A and tense, but he did not look what he considered unfair charges of the expenditure of public funds on his vacation homes and on another occasion homes and occasion homes and on another occasion homes and on another occas

work" whenever the Republic seems endangered, have been on the telephone asking one servers and associates—noting another one unanswered queshis refusal to compromise on tion: "What is the state of mind the release of tape recordings of Richard M. Nixon?" of his conversations with the

These two instances point up the extent of the anxiety in Washington as Mr. Nixon, after a long period of silence and hours of lonely contemplation on the mountaintop at Camp David, prepares to make his defense in the Watergate case. He will appeal for public support will appeal for public support in a nationally broadcast ad-dress at 9 o'clock tomorrow hight and will issue a document by his lawyers seeking to lay to rest the allegations made before the Senate Watergate com-

The evidence of Mr. Nixon's mood, cobtained chiefly from people who have seen him and talked with him, is ambiguous. To some he has appeared worried and distraught. To others he seemed in remarkably good spirits, considereding the cir-cumstances. Mr. Nixon remains a very private man who rarely conveys his feelings even to close associates.

However, after five months of public disclosures of White House involvement in Watergate and related matters, the following clear tendencies have

emerged.

¶The President has gone through several periods of anguish and frustration, expressed in occasional outbursts to members of his staff about charges that he considers irresponsible. His associates insist he has come out of the worst of it and is now in a philosophical mood as he prepares his defense.

The has not shown any of the kind of physical and men-tal deterioration displayed by tal deterioration displayed by previous Presidents, such as Wilson and Harding, when under great stress. A Democratic Senator who saw the President in mid-July and again a few days ago said, "On both occasions he looked all right.

By JOHN HERBERS

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ly saw President Nixon This tendencies toward seexpressed concern the other day clusion, his restless search for
that Mr. Nixon seemed to be retreats away from Washington
committed to a hard-line deand his preference for making
fense of his Administration in
the Watergate scandals.

Such a rigid stance, the aide
said, could foreclose the reconciliation he believe necessary
for the President to govern effectively for the rest of his Democrats and some Republic
term.

Outside the Government, men
of great wealth and power, dent's efforts to carry out the
ranging from the Rockefellers
of New York to the lawyer
barons of Washington, who
form a kind of "old boy network" whenever the Republic
seems endangered, have theen
on the telephone asking one servers and associates—noting

Two-Pronged Defense former White House counsel,
These two instances point up lie characterization of the counter the extent of the counter the characterization of the Watergate charges as "murky, small, unimportant, vicious little things"—read the President's mood as one of determination to fight to the bitter end for his position, a disposition he had frequently displayed

position he had frequently displayed.
"I think he could pull out of it," said a long-tome Nixon friend and campaign worker, who asked that his name not be used. "But I wonder if this is the way to do it. It could be tragic."

Lack of hard information about what has been going through Mr. Nixon's mind has intensified the search for clues. Some who have talked to the President described him as worried and distraught. To others he has seemed in remarkably good spirits, considering the circumstances. He has been seen to change from day to

However, one Nixon associate said that the stress Mr. Nixon had undergone over the five month period was much greater than his aides would admit. There are the following bits of

evidence to bear this out:

¶An associate dining with
the President and his family
one evening noted that the dinner was marked by the most
awkward kind of silence.

¶At rare public appearances in the last few weeks—with the Soviet leader, Leonid I. Brezhnev, in San Clemente and in greeting crowds in Illinois and Florida — the President's countenance bore expressions of intense pain in unquarded more tense pain in unguarded mo-ments, according to several ob-

servers.

§In San Clemente in July, in the presence of staff members, the President angrily de-

homes, and on another occasion the failure of his May 22 statement on the Watergate case to quell criticism of his role in the matter.

Tylistors to the President's office have reported, on occasion, a mood of preoccupati and brooding that they that not previously noted in the President

Seems More Withdrawn

Over the five-month period, the President has appeared to become more withdrawn as he has publicly sought to show that he is opening his Adminis-

that he is opening his Administration to more diversity of thought after the departure of his top aides, John D. Ehrlichman and H.R. Haldeman.

Before the Watergate disclosures, he was said to have with John B. Connally, whom he brought in as special adviser in May to help repair damage to his Administration. But the Nixon-Connally meetings were reported strained and Mr. Connally left at midsummer. summer.

Bringing in Melvin R. Laird as domestic adviser and Bryce Harlow as counselor in an effor Harlow as counselor in an effor to widen the Administration's political base did not change Mr. Nixon's habit of consulting chiefly with his trusted subordinates—Gen. Alexander M. Haig, Ronald L. Ziegler, who still carried the title of press secretary although he has given up daily meetings with the press, and Rose Mar Woods, his long-time personal secretary.

"The President isn't at ease with people like Laird and Harlow," said a Nixon associate

sociate
His frequent meetings with
Henry A. Kissinger, his chief
foreign policy adviser, are businesslike and unrevealing as to
Mr. Nixon's personal thoughts,
according to several sources.
Mr. Nixon still has long
meetings with his close friend,
Charles G. Rebozo, the Florida
businessman, who was a recent
guest at Camp David but no

guest at Camp David, but no

one pretends that Mr. Rebozo advises Mr. Nixon on Government policy.

The President's trips away from the Washington White House have increased. In the five-month period the President has spent five long weekends at Key Biscayne, 25 days at at Key Biscayne, 25 days at San Clemente and most week-ends at Camp David. He has recently made several trips to Camp David at midweek and has gone on a number of even-

The President's restlessness, The President's restlessness, which predates the Watergate disclosures, is indicated by the number of offices he maintains. He has made the Presidential Oval Office here, long known as a symbol of Presidential power, into a ceremonial one and does most of his work in a loss presentiou office in the Expresentiou office in the Expresential of the less pretentiou office in the Ex-ecutive Office Building. He also has two offices in

San Clemente, one in his home and another in the adjacent Government complex. And he has rooms for work at Camp has rooms for work at Camp David, in Key Biscayne and at Grand Cay in the Bahamas, the island retreat of his friend Robert J. Abplahalp, where the President is frequently a guest.

President is frequently a guest.

Mr. Nixon has not submitted to public questioning since March 15, the date of his last news conference, a decision, his spokesmen said, that was based on a desire for the Watergate committee to complete the first phase of its hearings before Mr. Nixon made clear his position in the matter. tion in the matter.
Yet Mr. Nixon has sought

to show his grasp of the Gov-ernment and an optimistic outernment and an optimistic out-look through a number of pub-lic appearances. At a White House ceremony yesterday for the signing of a major trans-portation biil, he bantered and joked at length with members of Congress and transportation officials.

"It was downright gaiety," said one who observed the event. "The President laughed and laughed and laughed.

There is some evidence that the President sees a good possibility of turning aside the Watergate charges by capitalizing on the finding that some people believe that, however bad the Watergate disclosures, the President ought to be freed to run the Government. This is the current line among a num-ber of White House aides, and there has been a dispute among the hard-liners and the moderates as to whether the President should openly attack the Watergae committee on the ground that it is interfering with Presidential tasks.

In any event, the President

now is reported more optimistic in private about his chances of overcoming Watergate and regaining control of the Government, and this would explain his more buoyant mood of rate.