The late Robert F. Kennedy loved adventure. He rode the rapids of a Colorado river, climbed Mount Kennedy although he had no prior climbing experience, and sailed boats under hazardous conditions. It appears his son, Robert F. Kennedy 3d, may be a chip off the old block. Back in Boston after spending four months in Africa, the 19-year-old Mr. Kennedy told how it felt to take part in a wildlife roundup during which his horse was charged by a wild roan antelope: "It's like clinging to the side of a mountain, sailing across the ocean, or fighting an angry bull. Some people don't like that feeling. I happen to love it. These are exciting things. They give a person a feeling of accomplishment, of self-confidence."