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Krogh Admission Reported WASHINGTON, May 4 (AP) Egil Krogh acknowledged today that sometime after "personal communication" with President Nixon, he helped supervise the Ellsburg burglary, a highly qualified source said.

The source did not say whether Mr. Krogh said the President had knowledge of the burglary or whether plans for the burglary merely went for-ward in an atmosphere of in-tense Presidential concern over diplomatic effects of the Pentagon Papers leakage.

The White House had made efforts to suppress the confession which has been sent by two different routes to the presiding judge in the Pentagon papers trial in Los Angeles, the source said

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Mr. Krogh "admitted to general supervisory responsibility" of the Sept. 3, 1971, burglary of the office of Dr. Ellsberg's psychiatrist, the source said.

Mr. Krogh's statement also includes a "statement of a personal communication with the President," the source said, and "will disclose the President's own concern with the leakage of the material and his per-ceived ramifications of that leakage."