## Dear Paul,

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Your nowest thoughtfulness could not have come at a better timel I appreciate it so much. And more because of the not good medical news a aarbon of which is ebclosed. 1811 explain that first, and again apologiz because I was away all day and have a job to do for which I'll be paid as soon as we have su pper.

After I was aick for the first tire in decates last April andmay it made me think of the future. What will happen to my records, etc. So whils he has not had tiee to draft the papers in legal form, I wrote a long explenation to "in Lesar of what I want and asked him and another friend of whon you' ${ }^{\text {e }}$ not heard, two of the most solid and thoroughly honest pecple ever, to make the deciaions, with a suggestion that they consult with another if they do not aeree. The other is my age. It is to the two other then Lesar that I wrote this to update them in the event they have to know. I'm not borrowing trouble but I'm not being careless. either.

I think I've let you know aoms of this. When I was in NYC to see a friend who was also concerned I saw his internist, whose questions more than his sramination was quite informative. One of his recommendations was that I have quarterly examinations but a vascular man. I knew ho wrote my ore-paid Insurex, Group Eealth Association, which has its own medical staff. 2I also wrote as soon as I got home. When there were no prompt reaction I decided to start eeeing local doctors, desphte paying $\$ 1,200$ a year for supposediy full ooverage and "preventive medicine."

The general praotitioner I saw "onday was fine, taking his time and preliling out
what worried him, no pulse in parts of the left foot and weak elsewhere. He could recoum nd a clocal vascular surgeon, ualled hin while I was dressing, and the guy had any opening for yesterday. He asked we to get the records from Washington, gave me a note askin! their release, and I've indicated the rest.

I still have not meen a phlebitis expert, if there is such a thing.
The 69 went into things nobody else bad earlier. Like I can't safely exerciae on an Rxercycle when the weather precludes walking outdoors. He aaid, however, to be oertain to walk in the house those dajs. If I walk up and down doijes notijiag I'll be like a caged animal, worse because there is ao much I want to do. So, as I returned I atopped off at the Lanier distributor, who was not in and whose aupply has not been replenished. I euess they are selling fest because I got a mailing frow the main office with a ztwly toll-firee number. I called it to loarm more about the wachifine and someone was to call me back. (What I had in mind is could it be wired, ff one of the plugs is not for this purpose, so that I can patch into a stanitard machine for transcribing. If they called back today I wasn't here and my wife works through $4 / 15$.) It had been my intention to ask him about this and to then see if we could swing it. I now have to worry about extra medical expenses, eame of whion I've already incurred, that I know my insurer will not pay willingly if at all. But I had decided, with this injunction to walk in the house, that I really had to do it else my productivity would fall more. And that would vorry me more. Become a vicious cycle.

I really am being careful as I must be, so I can do what I feel I ahould. So, for a 10 a.m. court date this morning (King case, federal court, D.C., when I could have driven it is less than an hour and a half, including parking, I got up 5:30, drove to the bus atation, parised the car (imaginem a whole day for 2541) and was in D.Ce an hour and a halfearly. I could not include a regular tape recorder in the attache case, which is a large one. The additions I had to make to a handwritten memo for Jim in anticipation of what could come up on coyret took only 20 minutes. Whilo I read the rest of the trip, I also realized I could have written, ploking up where I left off last night. And on the trip back. So, I hope I can maho it work writing on a pocket machine. And I more than just grateful.
 close to three packs a thay. I've been uo 15 hours, was disquieted by the ndu medical information, but have amoked only 10 cigarettes. I'm cuttine down on the not extraordinary food intake and as a real, lifelong mit coffee fiend I'm down to three drinking, not measuring aups a day. ...

We had a major/minor victory in court today, in a vers lew minutes because we have a non-finic judge but one who is still under precsures. She ordered the government. to answer interrogatories we filed and gave them 30 days. Meanwhile, when it got closem and without telling their atiornoy, the Us.attormey, IU blinked. She have admitted having th one ett uf filus onjy enough new ling information to require a week of a lawyer's time to mearch it. Regulations prescibe a foe of 8325 , onemuarter down. We sent it by return mail. and this doss not include the FBI, which has fantaatically large files. Of course as thay are the only ones who can see tineir files, they may attest there is nothing tiere and then we'll lock horns. But what I'm sajing is what I've eaid before in a dirierant way: the seli-promotere ani the copporgmut have taken the edge off JFK, as I perceived some time aso, Bo I'm orif on a auitch that has already been productive enough for a book I didn't expect to write. There will be a hassle over all of this so we've deoidod to let the government naires the noves iirst in this case, and we'll merely knock them down agterward. And hope it woriss. "eanwhile, I'm oertain I'11 be getting more but not what I'vo asked for oscause that would break the case apart. I don't see this, but it is not impossible: However, with attention 1 heve anew what can do the sama thing.

There was a time when I did think sorae good míght corse out of the Church oomm mittee. That thoy swung on the administration crives from the Rockefeller comainsion was the first discouragment and the woek after my meeting with Sonveiker, on his invitation, was the second.

That was the day I leaned, belatediy, that I had phlebitis. It was also agony. But Is spent the norning with him laft enoouragod that he would be respongtble, and the next week he was off on, the sures inat etuff in bi: constituenoy. Thes was before the iniddle of Ootober. He hadn't oven Issued gny aubpoenas! And he is also a lawyer. I did lay out a course of them that his counsel did record, but not what I could have done in I'd becn forewarned. Who could tragine such incompetence? I do not inow if there was any follow-through and he has been out of the papers (which could be a good sigh) but if he did, quietly, there may yet be a good if not reaily reforming developaent.

On the face fice they"ve all chicikened. The ease with which the intelligence commnity has been manipulating them is obvious except to the bling. Mhex his will Hind up aith with uhat was preacribed not being. Or, the spwooks wilithave sanction.

Oswald in New Orleans, which I did not print and on which the editing introduced errors not in the ms , has been out of print for years. I neve a few sopies. One if with the Whitewash as a alight reoiproal gift. Only please don t let anyone know you got it from ne. Electrostatic reproduction localiy would cost $\$ 21$ and $I^{\prime}$ m not sure it would be clear, $S_{0} I^{\prime} \mathrm{m}$ nursing the very fern copios I have and not letting any but authentict scholars knoH thave any. It was a longer work, cut without wisdom or judgenent. It was done the first of April, 1967. I've learned mich sines.
-. Paul, I do appreciate this very much. This is a rough period. I do not know what kies ahead. I do knis that the beat I can expect is that it not be as oad es it might be. Sh, fow as they are, everyt thoughtfulness, every kinds, meane so much more!
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the proscentos? If guess tomething gord crued happen to opeen tringe up tome day but $\theta$ doubt it if the power is agarnist itith wonst troppen - thope thurige aide qoing well on the fling case. The firdye out here thkef aff The RFtK Siskan Re eswmeination. I think enlef atowney bencral
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