Martha's Sweet and Sour Tongue and Mitchell's Cooked Goose are two of the recipes in "The Watergate Cookbook," which is about to be published. Among the other wry delicacies: Hunt's Hush Puppies, Liddy's Foolproof Devil's Food Cake, McCord's Spilled Bean Soup, Ellsberg's Leek Soup, Vesco's Sourdough Bread and Shoofly Pie, Helms's Pickled Herring, Stans's Mexican Dip, Chili con Colson, Ehrlichman's Cover-up Casserole, Hash à la Dash, Julie's Steadfast Stew, Pat's Perfection Salad and Nixon's Hot Potato Soufflé.

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