

8/29/77

Dear Hal,

Lil and I were just talking about a trip I have to make the end of September and she was reminded that there may have been some confusion when you phoned, especially because you said you were coming east and we have not heard from you.

I did not get to California from Dallas. I was talked into going to New York to do the Hartman Good Morning America show. (They promised me a ticket to California and then did not provide it.)

Then I had some kind of medical reversal. It is not yet fully diagnosed. Travel has been out of my mind until I got a speaking engagement in Wisconsin.

We've been out of touch so long you may not know that I have acute thrombophlebitis in both legs and thighs. Serious damage to veins.

While it was probably in progress before then on and after the trip to Dallas I became aware of a much reduced physical capacity. The doctors think there now may be some kind of arterial involvement.

I have to work with my legs up except when I walk. I get the customary amount of rest now, too.

My ability to walk is returning well. I do not go on marathons but in a series of walks I walked almost seven miles yesterday, despite the heat and humidity. Walking is good for the return circulation from the legs as well as most circulation.

So I break the day up, as I am about to do now, with periodic walks.

hope everything is going well with you.

Best,