

My Midnight Mystery-add of 3/26/95

It is not always at midnight, as I'd thought, and I did hear it without my hearing aids. I did again this morning at 1:51.

During the night I'd been up an inordinate number of times, each time to go to the bathroom. Although it was almost ~~six~~^{seven} hours after retiring when I returned to bed at 12:40, I'd had only five and a half hours of sleep. I decided to try to get more. From time to time this has been possible. This time, too. Then I was awake and I wondered if I'd gotten enough sleep. I looked at the clock. It was 1:51. I decided to get up. I have to do that slowly, in stages, not to get dizzy. It was after I'd been wide awake for a short period of time that I heard that sound again. I had not yet put my hearing aids in or put my glasses on. I was just lying there.

Surprised, I may have not included the first of the series of repetitions of that sound. There were three, perhaps four. Without the hearing aids they had a flatter sound and the volume was considerable lower. They did seem to come from six-seven feet away in the direction of the Caller ID.

This time it sounded something like the ^growing of a rooster but that would be very unusual during the dark and there are no roosters anywhere nearby. The only chickens at all nearby are too far away to be heard, they are inside a building that in cold weather would be closed, and those people have only laying chickens, no roosters.

This seems to confirm that I'd heard these sounds before when not using my hearing aids and it does mean that they are not always at exactly midnight. I do not see how this time the Caller ID could have been the source.

Although this time the volume was lower as I perceived it, without the hearing aids the volume had to have been considerable greater than that of the Bell phone near my head, much greater, from the volume I did perceive compared with that the phone makes.