

## YOU ARE IMPORTANT

"You owe it to yourself—and to your loved ones—to develop the unlimited potentials of your own mind"—says Dr. Hartsill Wilson Sc.D., well-known management consultant "the self-image concept makes you acceptable to everyone you meet"—and NOW—through Alpha-Cybernation, the inner-realm of mind,—YOU can program your mind to create that better self-image—

ATTEND... The Dynamics of

# ALPHA-CYBERNETICS

Seminar on AC and Mind Control

Discover how Alpha-Cybernetics can provide the perfect mental control to develop ESP and achieve SUCCESS

## "THE GREATEST LEARNING METHOD DEvised BY MAN"

... says Dr. Georgi Lozanov of the Institute of Psychopedagogy and Parapsychology, in his book "Psychocybernetics" Dr. Maxwell Maltz, M.D., states "you are never more or less than the input to your mind". March 1971, N.B.C.'s "Today Show" starring Hugh Downs featured a noted scientist from one of the nation's leading Veterans Hospitals discussing Brain Wave research and some of the potential capabilities of man once he learns to control his own brain waves. Hugh Downs, while millions of viewers watching, demonstrated his ability to control his own brain wave, while attached to brain-wave feedback equipment.

This rapidly evolving science deals with the conscious control of the electro-chemical activity of the human brain. There are two principal brainwaves: the Beta wave associated with the outer conscious levels of mental activity, anxiety, tension, etc. The Alpha wave, associated with inner levels of mental activity, tranquility, inspiration, creativity, concentration, E.S.P., accelerated learning process, memory, learning, and many mental phenomena. The Beta wave, related to deeper levels of mental concentration, and potentially great creative feelings and recall capabilities. Additionally, the Delta wave, associated with deep sleep or total unconsciousness. It has been demonstrated that the Alpha wave produces a relaxed, tranquil state of mental alertness, and trained individuals can "turn-on" Alpha at will, effectively eliminating unnecessary work and anxiety without the use of drugs. Also, they could enhance awareness, concentration and recall.

### PRACTICAL APPLICATIONS

Researchers have developed a practical application of this exciting new discovery, whereby an individual, in a few short hours through the use of alpha-cybernation mental exercises can turn the alpha-wave on and off at will, and through practice of this exciting new technique can develop a superior way of life, without the use of bio-feedback equipment.

Increased awareness and greater mental capacity was realized by top management executives across the U. S. indicated by studies recently released by the American Association for the Advancement of Science, through use of their powers of intuition and E.S.P. for corporate de-

cision-making enhancement and influencing others, and were able to successfully improve corporate profits by substantial margins.

### E.S.P. RESEARCH

As research continues, however, another great psychic by-product has come to the front. E.S.P. could be learned. Those undergoing training were found to be extremely sensitive to the feelings and emotional attitudes of others. Intuition was enhanced and techniques for sensing information at a distance were developed. It was found that many businessmen, engineers, sales executives, housewives, nurses, and students would use this ability to obtain information for problem solving, to allow them to control and direct their careers and lives to new heights. These techniques have been incorporated and refined into the most exciting training program ever offered to the public—the program is called... ALPHA CYBERNETICS.

### LEARN SPECIFIC TECHNIQUES

Once you have mastered ALPHA CYBERNETICS you can finally relax and live your desired mental future, energy, pain and tension is gone, more vitality and energy; use E.S.P. to become more successful in business and your personal life; eliminate bad habits, nail biting, smoking, control weight; create good habits; improve self-confidence and assurance. Learn techniques for improving relationships; learn how to become a better parent, a better student, a better employee, a better employer.

ALPHA CYBERNETICS literally opens the door to the "PROMISED LAND"... "THE KINGDOM WITHIN"

### RESULTS GUARANTEED

It's so amazing, yet the facts are that with ALPHA CYBERNETICS you can unlock the door to reserves of energy and capabilities you were not even aware existed. You can now become the person you wish to become.

At this special seminar, learn specific techniques for better memory, solving problems, eliminating fears, helping your loved ones, and new effective relaxation techniques. You will also participate in an exciting E.S.P. experiment.

**BRING A FRIEND! ENJOY THE MOST VITAL, INFORMATIVE, AND PROFITABLE THREE HOURS IN YOUR LIVING EXPERIENCE.**

| DATE:           | LECTURE SEMINAR \$3.00<br>TIME: | LOCATION:                               |
|-----------------|---------------------------------|---|
| Sunday, June 11 | 2:30 and 7:30 P.M.              | Holiday Inn,<br>Exit 2 off 495          |
| Monday, June 12 | 2:30 and 7:30 P.M.              | Alphadria, Va.<br>Phone: (703) 960-1400 |

**ALPHA-CYBERNETICS**

**Executive Offices**

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| P.O. Box 4552<br>New Orleans 74104<br>(504) 524-1111 | 6768 Stanton Ave.<br>Philadelphia, Pa. 19148<br>(215) 842-0431 | P.O. Box 13145<br>St. Louis, Mo. 63143<br>(314) 849-0057 | 10220 E. Walton<br>St. Louis, Mo.<br>(314) 849-0057 |
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All Ordinances Welcome

Post 6/11/72

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