

10/28/70

Dear Gary (Dick)

Pages 23 here, and fine piece on your counselling service. The same pages indicate APA mtg DC next May. Reservations confirmed.

PH: You have to be right. I had originally wondered if he'd flipped, but he has always seemed so solid I discounted. However, he apparently has also had (not recently) a split with his wife, and that may have led to things. He is so reserved I discovered that by accident and I now have no way of knowing but that he has had a similar rupture with a new (and very nice- I met her) girl friend. It may be the Alvarez relationship. I think you are also correct about the vigor of what I sent. I've been thinking of something else lately. This is valuable intelligence to have in mind when I do that.

Your references to Nix in your letter to Dick reminds me you have never responded to my question about the clearest possible copy for technical work and Mary has never sent what she promised. I now expect that man this weekend, and I'll not be able to give it to him.

Alyea: I think it is possible that with nominal funding the other Paul can duplicate this and maybe other things for us, I expected to hear from him last night but didn't. I also think that before too long I may be seeing him. He gets near here from time to time.

Crosby: I wrote Clark a letter along these lines and, as expected, he did not respond. I sent you a copy. I may have offered he did not accept. I'm now at the point where I'd just as leave have some of these bastards pay publicly for what they did. The guilty knowledge is in the crack about the subpoena. Much as I would like to, I cannot take time to background Crosby by mail. I'll tell him whatever he wants to know, show him whatever he wants to see. Frankly, Clark will have to be very worried to tell him anything, which would be good. I intend to subpoena Clark and I've told him so. And it may be more than once. I'd prefer not to, because as you know, I do not seek publicity per se. I have no doubt that Clark was a fall guy, tried to indicate this to him, and believe and predicted the same of and to Mitchell, if you'll reread my letters to him. But who can help him who will not be helped? If Clark wants to be recorded as a whore in history, that is his election. If he is too goddamned important to write a simple answer to an open letter, let it be his way, so far as I am concerned. Do not misunderstand me and do not misinform Crosby: I do not want to have to cross-examine Clark needlessly, expose him to any kind of criticism or condemnation. I would prefer that he make it possible to present him as the victim of an unrollable bureaucracy, which is what I do believe he is/was. However, he is the one who is making that impossible. He won't even answer a letter. I'm busier than he is, so I do not propose wasting time with further correspondence with him. However, I think he would be well advised to accept my offer and look at what I have on those who told him what he knows, who did the legal work for him, for he'd then be without doubt that not even a beguiled Mongolian idiot could believe a word any said/says. As a matter of fact, I hope to begin setting that down in proper sequence as soon as I finish this, for other, legal purposes. I'm not dropping it and Bud, who will not help, has again shifted his position and as of Monday agreed with me again. Crosby may be interested in this. On what Clark can know, well, I think that if he is willing, he'll need no prompting. The question in mind is how much he was permitted to know and what he suspects/should have suspected. Recall his behavior on the Clay Shaw case? His silence after the Halleck decision? Can you believe this is unknown to him? That he doesn't know what happened in my suit (he was then AG, remember, and supposedly a friend of the victim)? It may also have been under his adm. that the British papers were confiscated. I do know that what I've been told in writing thus far by the government is false and it was earlier than they admit. Of that, as you may recall, I have abundant proof...I do not intend to try and hurt him, nor persecute him in court if the possibility presents itself (and I am persuaded that it will in at least three different cases. The choice is his. He can be helpful and show some of the decent and concern he pretends or he can prepare for resisting my effort to get him to do it in court. He is probably not aware of it, but aside from the fact that he is the one who did certain things that are relevant, it has also been arranged by his successors that his will have to be the deciding expert testimony. If I were in his boots, I'd not be happy about this, because he'll stink whatever happens, however well he might be treated by the media. and

unpleasantnesses I consider inevitable for him otherwise, and I'd like to help Crosby help himself and all of us as much as possible, but I can't and won't take the time for more letter or memo-writing to do it. I'll do it verbally only-but then as fully as either may want. I just have too much to do that I can't get to.

Sprague is avoiding you because of Bud/me. They've just laid another egg in their efforts to latch onto other people's money and Bud must be beginning to feel the pinch of his own wastefulness.

Agreed on Jerry. He'll be here this weekend. Heard from him last night. Very decent fellow, concerned about what people should be concerned about, and unselfish to the point of fault, about one of which I've written you. I loaned him my Kara-P file and he is making a copy for himself and for you, to replace your lost one.

I hope you do not consider me intemperate on Clark/Vrosby. Let me give you another example of what I can't get to, one of countless things. My old typewriter is not only past repair, it is almost impossible to use it. I've had a sheet of plywood with which to make a new desk, low enough for use of this good partable, which can't be used in an open steno desk (what I have) and is uncomfortable, being too high, if used on a closed one. In a month I've not had time to cut it to size and paint so I can put it on a couple of two-drawer file cabinets and be in business. Need I remind you of what I've got researched and want to write? So, I have to restrict myself more than I used to. It is that simple. Meanwhile, aside from having to do the work on the cases Bud was supposed to do, I also now have proofs to go over. After this is completed (about 15% so far) there remains the appendix to prepare. I'm busy enough without addressing those who find me unwelcome. And when I have what I regard as good alternatives, anyway. I am not by any means persuaded, desirable as his cooperation would be, that truth would not be better served by Clark's opposition. He is responsible for much. He did know Hoover. He did promulgate that executive order and observe its evisceration. He did cause false letters to be written to critics. He did agree to that phoney contract by which the essential evidence was suppressed. These things have to be balanced against what he pretends he is and believes in.

Sincerely,

Oct. 23, 1970

Dear Harold:

Thanks for your last three letters. Ned Crosby will be setting up an appointment to meet with Elliot Gould at newsweek fairly soon. He has been extensively studying the RFK assassination and has discovered a number of interesting things which will eventually be put together in a memo. Ned is very very bright and a political scientist so he can contribute much. He sees important weaknesses in the Charach thing. Ned spoke to Ramsey Clark briefly last week and put him on the spot about the 1968 Panel Review. He said that Clark was almost apologetic in his replies and said something like: "at least we did something--we had to threaten the Kennedy's with a suppeana." He should be able to set up a private meeting between himself and Ramsey Clark during which Clark will likely be not as on his guard as he would be with one of us. But, he will need help from you as to what he can find# out for us which would be constructive so could you try to put down some ideas about what things you would want him to ask. Please assume that Clark may be quite open with Ned so don't leave any possibilities out. If our theorizing is right based on what we learned through Jaffee, Clark could well be a fall-guy in this.

As for Paul's concern for your ulcer, etc., I think that it is likely real concern and it's sudden appearance is another sign that Paul is wrestling with emotional factors and suddenly finding emotional concerns invading this thing which has always been so intellectual for him. It may be the only way he has of saying that he knows that his paper will just be another headache and headache for all of us, especially you. He knows that for you this has not just been an intellectual thing and that it has imposed stress on you since 1963. I would basically go easy on him and feel that some of the stuff in your letters while good-meaning, may not help. I intend to act as though he is confused and engaged in a primarily internal struggle which may be only incidentally related to the case. Given Paul's fine intellect and high integrity, this in my opinion is the only reasonable explanation of his current irrationality. We are all on record as to his irrationality and ill-thought out ideas, and that is probably all we can do except to continue to impartially point out where he has gone wrong. Confronted by that, and given some time, hopefully he will confront whatever is really wrong. I think that we will otherwise find# ourselves beating our heads against the wall and add to his turmoil and confusion.

On your 10/10 on Bud agreed. I have never seen any work done by he himself, not even easy stuff. The best he has shown me was his interview with the "wrong Sylvia Odio."

I got a long call from Jerry Policoff (who, as you know, I really like) again the other day. He was in the process# of cleaningout his old desk and getting ready to move the stuff to Metromedia. He is embarking on a new venture and feeling mixed nostalgia and excitement about the new. At least law school is finally in sight given his new salary. He's one of the fine people I have spoken with through work on this case. It's good that he's alert to all those developments in NYC (Sprague, Bud, Flammonde). I still haven't heard from Dick since his one visit here (I'm sure he has been through several times) so I assume that he is# ignoring me on purpose (he knows, after all, that I am the key to the local media, and that is something he wants).

I have no files on any of the 5 names in your letter of 10/17 to Paul.# I will copy that carbon at work on Monday and mail it back. Enclosed is today's letter to Dick plus a recent article I had published. Best wishes and stay well.

Gary

# Minnesota Psychiatric Society Newsletter Oct, 1970

## The President's Message Continued

that may be identified. I would suggest that the term "mental health center" or "mental health clinic" be reserved for the system using the medical model. The setting is customarily a hospital or clinic and the psychiatrist directs the team, thereby providing for the medical dimension which Senator Muskie quite properly feels is necessary in treating mental illness often complicated by chronic physical ailments. Such terms as "child guidance center," "family and children's service," "psychological counseling center," etc., may be used to indicate that the professionals do not include psychiatrists and therefore the general public probably would not as readily assume that the professionals have had medical training. At any rate, the public could be educated to understand the differences in training of mental health professionals, and then educated to understand the differences between delivery systems - mental health centers or clinic, counseling services, etc. if a system of labeling or identifying them could be established.

As the time for another session of the Legislature in our State approaches, we might well consider what we may do to make our ideas known to our lawmakers. I believe our Society adopted a sound position when we arrived at a consensus that we cannot legislate or determine which professionals might present themselves to the public as qualified to do psychotherapy or therapy, but we can certainly expect that qualifications and credentials of all professionals should be made clearly known to the public. If an individual chooses to get psychotherapy from a non-medical professional therapist in a non-medical setting, then he should know that he could not expect to receive drugs or advice about his physical well-being. Certainly there are many non-medical professionals who are qualified to give some of the services such individuals seek, and their efforts are important in helping to meet the increasing need of the public. What I think is necessary, therefore, is a system of identifying the various professionals offering service and the systems or settings in which they work, and then educating the public regarding the differences between them, just as most people know the difference between a hospital and a rest home.

Donald R. Daggett, M.D.

President Minnesota Psychiatric Society

## OUR GUEST CORNER

### WALK-IN COUNSELING CENTER (WICC) 2421 Chicago Avenue South, Minneapolis

Even a glance at mental-health related journals of the past few years reveals a burgeoning interest in what is loosely termed "community mental health." Among the many types of programs which have arisen to attempt to meet the mental health needs of an ever expanding portion of the population is the type of organization exemplified by the Walk In Counseling Center of Minneapolis.



The Center was established on the principle that services should exist for residents of the community who feel disenfranchised from existing services. The center has no catchment area so the community it serves has, in theory at least, no limits. Unlike other facilities, it can and must publicize its services and carry to the community a description about what counseling actually is.

The most basic characteristic of the center is the lack of red tape. Clients walk into a house in a residential community which is indistinguishable from others on the block save for an unobtrusive sign reading: "Walk-In Counseling Center, All Ages, M-F, 7-10 PM." Once inside the client is greeted either by a counselor or, if all of them are busy, a receptionist. The staff are dressed casually and the waiting room is an ordinary living room. No names are necessary and generally only first names are known. No forms need

be filled out and there is no charge for the service, although a contribution box sits in the waiting room.

At present the center utilizes a volunteer staff with running expenses (i.e. rent, telephone) paid for by the Teenage Medical Center (a free medical clinic next door), a division of the Outpatient Department of Children's Hospital. Donations come directly to the center or through Minnesota Psychologists for Social Action, its founding body. Foundation support is hoped for in the future.

The center is staffed by teams who work three to four times per month during a three month rotation. Each team consists of one supervisor and two junior staff members. The supervisors are all experienced psychotherapists with either a Ph.D. in psychology or a master's degree in social work. We also hope to have some psychiatrists as supervisors. Junior staff members are advanced graduate students in clinical and counseling psychology or social work.

The activities of the center are planned by a nine-person steering committee headed by a director (Dr. Robert Neal). It has extensive and ever-growing contacts with community agencies and programs, school counselors, and other emergency services.

In the first nine months of its operation, 339 persons have been seen at the center, ranging in age from 6 to 60 (49.6% in the age range from 6-20, 22.7% between 21 and 30, and 27.7% over 31). The number and perhaps age ranges of clients will undoubtedly change when the center becomes more widely known in the community. 57.2% of the clients were female, and 42.8% male. Only 2.3% were from racial minorities.

15.5% of the clients were referred by a professional (including teachers and clergy) or emergency service. 5.6% admitted to being in therapy already. 28.3% came in with a child, spouse, or other relative, or friend enabling us to work with a number of couples and family groups.

80% of our clients have only one contact with WICC

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### Our Guest Corner Continued

and almost 30% are referred to a regular community agency for further help. Slightly over 10% have 2-4 contacts and an equal percentage have more than 4 contacts (including some seen for many months or still not terminated after our first year of operation).

Services offered by the clinic include the following:

1. Short term contact involving crisis intervention or focusing on the definition of a problem and exploration of available solutions within the client and his environment. This ranges from dealing with acute anxiety or actual suicide attempts to the giving of information about the nature of psychotherapy. It sometimes ends with the client being taken to the emergency room of a local hospital for medication or admission.
2. Referral to an appropriate community agency or individual therapist. Often the WICC staff member helps cut through the agency red tape by making the first contact himself. If, however, the WICC staff member feels that the client would not be able to work with a regular agency, he may continue to see him at the center or in his own private office, or refer him to one of an ever-growing group of psychotherapists who will take one or two referrals from the center for free or low cost long-term therapy based on ability to pay. In addition, some group therapy is offered at WICC.
3. Consultation with the other community groups and agencies or individuals for help in dealing with any problem in which our special skills or knowledge might be of some help (i.e. We help train volunteers in other services, run a group in a local commune, participate in drug symposiums, etc.).

So, what of the result? We feel that we are helping steer more people in need of psychotherapy to it and aiding many in acute distress. Many clients say they would never have gone to a hospital, clinic, or agency prior to contact with us because of the stigma attached to being in need of "psychiatric help" or lack of money. An exacting assessment of the role of WICC within the Twin Cities mental health community will have to await research studies. At present it is an experiment and we welcome all those in the mental health community who would like to be a part of it to join us.

Gary Schoener  
Clinical Psychologist  
Minneapolis Clinic of Psychiatry and Neurology  
WICC Steering Committee Member and  
Community Relations Chairman

### CHARGES DISMISSED AGAINST LIFSCHUTZ

Contempt of Court charges against Dr. Joseph Lifschutz, jailed last December after withholding the content of his therapeutic communications with one of his patients, have been dismissed by a San Mateo County Superior Court judge.

Residing Judge Melvin Cohn ruled that Dr. Lifschutz had purged himself of contempt by testifying he had treated the patient and giving the dates of treatment but no further detail. That testimony, Judge Cohn said in a written opinion, met the requirements set by the California Supreme Court in an April 15 decision upholding the contempt citation [*Psychiatric News*].

### HEADLINES

APA sets joint meeting with Europeans. The APA's Annual Meeting May 3-7, 1971, is in Washington, D.C.

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There will be a meeting with the Dutch Society of Psychiatry May 10-11 in Amsterdam, and the Scandinavian Psychiatric Association, May 14-15 in Copenhagen. Following this there will be a tour of the Soviet Union with no formal meetings planned. The tour schedule calls for departing New York City on Friday evening, May 7, and spending four days each in Amsterdam, Copenhagen and three days each in Moscow and Leningrad, returning to New York on Saturday, May 22. The "package deal" would cost approximately \$770.00 per person.

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NOTE: 1972 Annual Meeting May 1-5, Dallas, Texas.

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There will be an international meeting with the Mexican psychiatrists November 28 to December 4, 1971. This is the 5th World Congress of Psychiatry Meeting.

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American Boards of Psychiatry Examination Dates 1970:

- October 3-6 -- Oral examinations, Chicago, Ill.
- December 12-15 -- Oral examinations, Los Angeles, Calif.

### NEXT MEETING OF THE MINNESOTA PSYCHIATRIC SOCIETY

The next business meeting for members only of the Minnesota Psychiatric Society will be a luncheon meeting on Wednesday, October 28, 1970, from 11:00 a.m. to 12:30 p.m. This meeting will be strictly a business meeting and will be just preceding the Geigy Symposium starting at 1:15 p.m. The business luncheon meeting will be held at the same place as the Geigy Symposium, namely the Radisson-South Hotel at the junctions of Highways 100 and 494, in the Great Hall Ballroom. This is a brand new hotel, just opening approximately October 1, 1970, so the surroundings should be very pleasant.

The notices of the Geigy Symposium will be mailed to you under separate letter. However, following this there is also a complete program of the Symposium. It is urged that everyone from the State Psychiatric Society attend the business meeting and then plan to spend the afternoon and evening at the Geigy Symposium. Dr. Locke has worked very hard on this Symposium, and we are attempting to notify you far enough in advance so you can make plans to attend. Please support this as earnestly as you can. If there are any questions concerning the Symposium, please get in touch with Dr. Murray Locke, Minneapolis Clinic of Psychiatry and Neurology, 4225 Golden Valley Road, Minneapolis 55422.

-- James T. Garvey, M.D.

Oct. 23, 1970

Dear Dick:

I got your last two mailings. Thanks. The letter to Paul is a good one. I got the \$10 and today mailed off the Muchmore-Couch stuff plus the other newsfilm. The Muchmore Fred will send you comes from this reel and thus is of lower quality. If you still haven't sent for it don't. I can send you one of the extra Nix reels I got from Dave (anticipating others might want some). The Nix isn't that good, having been done from a low quality newsreel I got them. Better copies hopefully will be available.

Agreed that Harold's critique of Paul's memo is superb. The same goes for yours. I think that more than enough has been said by all of us by now, and little can be served by sending Paul any more heavy critiques or memos. As you will read in the enclosed letter of mine to Harold I do not accept that Paul's intellect or integrity has undergone a change, but rather that he is in an emotional crisis brought on by Alvarez and his association with him but also by many other things such as being confronted with the hard realities of leaving academia. I think that it would be very important for us not to in any way ostracize him or to continually hit him with attacks. We have proven the invalidity of his position and he has a lot to reply to. Hopefully, in the act of replying, he will realize that there is something irrational in his position and ask himself why. In other words, if my general hypothesis is correct as to what has happened, then what is needed is a self-discovery rather than further confrontation by us.

The key photos with regard to the Carcano are the great many frames in Alyea's footage devoted to it. Harold's discovery of this is crucial. Unfortunately, Joel Palmer still has Harold's copy and has not returned it. This, for two years, has prevented Harold and I from having an expert out here blow it up in order to provide a record of minute structural characteristics for comparison with the one the Commission has. The Alyea footage is professional, clear, and from closeup. There is no substitute for it and it should be sufficient for almost any purpose. Congratulations on getting your PhD. Mine is a long way off still. Enclosed is a recent article of mine. Best wishes.

*Harry*