

THE WALK-IN COUNSELING CENTER

**For further information contact:
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What is it? We are a group of individuals in the mental health area who are available to people who are in turmoil, have a problem, think they have a problem, or wonder if they have a problem. There is no red tape, no required fees, no signing of forms, or giving of names. Our emphasis is on the "Walk-in" part of our name - all one has to do to get help is come in. We are open weekday evenings, Monday through Friday, between the hours of 7 and 10 p.m. We will handle and have handled problems for people of all age groups: children, teenagers, and adults.

At present the Center is staffed each evening by senior and junior staff members from the mental health field.

Who uses it? We see a large cross section of people. We've dealt with people of all ages.

What do we do? Basically, we try to help the person resolve the problem and when necessary help the person find further assistance. Oftentimes the approach of reassurance may be all that is necessary. If it appears to be a problem which requires more help, we may suggest that the person return for additional counseling sessions, or that the individual become involved in one of our groups. If we are unable to provide the necessary help, we may then refer them to a community agency or a competent professional.

How are we financed? Our staff is entirely volunteer. The Teenage Medical Center which is supported by Children's Hospital has provided us with space and phone service. We are hoping for foundation support in the near future to help share rent, phone, and mailing expenses. We hope to continually expand our staff to meet the rising demand for our services.