Dear Gery,
Lil goes to tax-r fresher schonl this momire on the time batwesn now and takine her could be used only for filing, so I respond to your comments about anxiety, note $\varepsilon$ fer thinge thet mey help yois hels $m$ reach e better understending, end offer a few opinione of Henry Liprman.

I taink he was bod for me. I know his visit was accompaniod by a deeper feeling of apprehrasion anc somehting I do not normally fesl frustration. I thought sbout this at the time and + heve sirce. I thin' + understend it.
fienry reminds me of the ancient profescinnal Jewish scholer who studiec nothing, pretended to be making e deep study of religion, and ws a droin on sad burden to his fomily. He hes no interest in spending his time develoring intormetion, discovering whet hes not been discovered. His desire is to mase a presentation, part of which he hes worked out. Hithout eny inquiry about its desaibility at all, he hed decided be would gttemrt a pesentetion to simntey. Does he 'mom anythine bout umphrey? No, he djesn't. Had he rosd
 lone record of cIA connectinns glone, this wo ennueh to tel I him bis olan is impacticol.
 wey possible for aim, there is no other ray, there is not even any willingness to consider whether there is ancthry way. Dua, 山e succeaded in westing two deys for me and some time for ill. He vas bound and determined that $I$ had the kind of simelicities he could nut on slidea beceuse tiey see so simple, so comprenensible. I told him condidly thet what + had tat was unpublishec he coula not use, but
 did not deter him. In verious ways he incisted in getting mot hed refuser. So, beceuse of his persistonce, I finelly told ily to rurase through the files, plso tellin him he'd be wastinc his time end explaining thy. es an alternetive f told
 heve. I let him heve two nf my books he didn't have. What does he do? He reads the pricter books he can take with him. Finglly, efter I pointed this out, 9 few times,
 Then he wuldn't stop. Eat dess head cne bonk then smother: xo, he skips through COUP and FM simultaneously, getting least out of each.

Meanwhile, he tells me thinge he thinks he'll do. That he taough of nothine + hadnlt exhausted long before he developed any interest n ver dawned on him es e possibilltty, end he went over tiem, tediously, nover raslizing tuat he is sonething less than the unioue genius be socerently considers ifimeelf, possible mithout realizing it.

It was needless frustrating, reliving and reconsidering all the things that hsve been 1 ypossible. And it was a futile expenditure of two days that could heve been used for worthwhile work.

That he is a nice guy and well-intentioned is immaterial. That he is a futility is naterial. He is going beck to Mpls. I caution you ageinst letting him waste your time for you, regardiless of how he comes accross as a fellow who wants to helpd

For several dsys + wes noticeably more spprehensive, more ill at ease. I attribute it to him , to the raconsiaeration of all the frustratins, to mat a nounted to an argument - should net, have been doing and should not be doing what I do. Uf xim course, tais wes not his purpose. It was the end product. It metes nie wonder hov much tie fect that nothing good hes heppened in so long, the seeming impossibility of getting any genuine interest in tie unprinted books, tigures in this.

Coming gt the some time, Lil had to let me know our finances are again desparate. Which me'rely mans more desparate than ueuml, opprooching another crisis. I gseume this also contributed.

These are not the only problems, not the only fectors. Of others I am very much ambre, some I've never indicated to you ant onnot this way. lone is nem, crily the finencial deterioretion and the aboerent inposcibility of getting gnything printed. Laturally, having coved with the ctaers euccessfully for sc lone does not meant I can for forever. That ${ }^{+}$understand. But as I try to sift through all of this so straned to me, I connot but, monder vagt, if any one ting, is the trigeser and what, if any ons, can provide tio allieviation.

Increacingly it becomes fixed in my thinking that Garrison was a greater blow than even I anticipated. I think it is he who has utterly destroyed the little intellectual willingness to constider the rewer evidence. This elso includes publishers. Whet can be done sbout thist Nothing, for it is beyond my capacity to wace the cind of camratg through the publishing bcuses that I did onth witchesh (with so much side benefit to nter era fater euthow, the only one of whon reschea e bouse I badn't conviced eitore being Lane).

Knowing I can an nothine about the majn problems, inoluang the personal ones, is oprrescive, ont it meros me nonder if there can be surcease if sometince gen ices hempen. If that cen be the ef ective medicine.

Ron $h$ : an sprointmant with ais cocion msn ana a smell publistar,
 Agein, 1 vonicr: Alll the be the wasting of enother f50 I do not heve, as the trip to Boston to the lecture buresu seems to hovs hen ot thec, Lene heving apperently seen to that? Time will tell.

If there is one ontirely new thing that can be buging me, it is the incressing evidence of oterly-rapid physicnl aging (I thincs my mind is till young). The meical snsvers do not exist, or I heve not besn ebie to get them. There are ceither ensocre ner exvinations. This alone ould be frustroting to on alert mind. But slmost deily my kness rebel more at ta perfomance of their nstural function. Whouch I force them to ark, exercise then consciously, they rebel, ceeak and complain, cccasionally protest addibly. I neve my anoufl physt cal the 24 th end will raise this question. The man I've be n goine to has left our coop, gnd I'll see if there is eny prospect, if he wof// the aisposition to, that the new one will tak 'he time to try and give me en understanding of whether this is normel, given my ege and the way I've abased jyself these many years, of whethar it is something else.

I go over thess taings because ${ }^{+}$consider it posenble that, from the combination of your treining and your knowledge of me, they may enable you to help me reach the necessary understanding, if that is what I need.

As I become aware of the symptoms and recognize they are symptoms, I also reach the belief that the anxiety is not new, that is it perhaps 10 or more years old, and only the two things, the hyperventillation and the anxiety over the diagnosis, ate new. I think that perhaps the major single factor now
or the one tont made for most of my ar sent annrehensive state was the failure of the doctor who first mede the diagnosis and taree who followed him to undertake ony kinl ofexplenetion ar all. This was to inepire apprehencion. At a time when the symptoms were so severe, it wes, I think, criminal negilgence, really coused me to imasine all sorts of things I neəd not.

One of tie strenge things is thet $I$ do not hev the usual fears. I heve no unusuel aprehension of death. You know how op osite of parenoid I am and have besm, and the threats and cut little wernings hove not gotteh any extra thought, eny sttention at all. I om not persueded i aave some undetected cancer, some undiagnoseri di sease. Along this line, though I hoven't thought it out carefully, i believe all trat bothers me or might be is an unrecognized $f$ ear oll of tais may dimiaish wast $I$ cen do.

Your giviep that i just tols it nve: wish somenne is undoubtedy very gond. I know foom the rest thet often, sside from geating things of the chest, there en"etimes is increased nsight that comes from articuletion. Sometimes, in the course of see'cing to comunicete with others, we also learn thinas for nurselves. Unenrtunately, there is no ne here with whom I can do this. Te have s fen ns: friende, but they are not close and are not the kind to whom we cen get close.

I blse inco it to uld be good if we could do wat jou have just cone, get a chenge of acene and activity. That is impossible. I cannot tell you hom long it tas been sinee I've nad any kind of vacation. ingay yars.

Niell, I'vo got to stop hereand get going. I co not know how much of this cen cortain ony knowleage for you, provice the basic for any insteht. The MipI test hos arrived, and the first time of feel nore relexed end heve an hor and a half free I'll complete i ena retury it. It will be in your box by the tine you get back. I've net lonked et it, but will read gnd do it fll ot one time, without eny* thinking over in edvence. on the asamption taiz mili give you - botter reading.

 onjoy doing it, but aloo on the assurption it is physicelly desirgoble.

