

11/19/69 Dear Gary,

Barried acknowledgement of your 11/16, about which I cannot say much now, and the enclosures.

Jerry is a good boy. He phoned me yesterday and without indicating what you asked of him told me you had and asked my opinion because I had a copy. It didn't come until today, but I encouraged him to do whatever you asked and I believe he has a day off tomorrow and will start. He holds down a full-time, responsible job, plus college at night. Nice boy. I like him personally, and he has helped me in a number of small ways.

On the MMPI and hyperventilation, I have been conscious of two things: too much mouth breathing, which I stop as soon as I am aware of it, and the need for adequate exhaling, so when I think of it I force all of the air out. But among the things I do not understand is whether it is only the deep almost gulping of air or ordinary breathing in which there is incomplete expulsion of the air that is the problem. I've read and understood what you said, but not time for more now. There are a few things about which I may be pointed, but I want you to think seriously about some.

On sending stuff to Joesten "in order to give Europeans an idea as to the type of work which is being done". First of all, if you know Joesten, you'd not expect him to use it in a way to achieve this end. Second of all, any association with him is ruinous to our reputations. I would not let Dawney do it in NO after I saw (shudder "Oswald The Truth". But above all, why? This is an immature approach, as I see it. Suppose Europeans do have an idea of the kind of work being done, what real difference does it make, what real good can it accomplish? This is the kind of thing that in the FBI N.O. era is at best counterproductive.... Next you say you sent him on the pictures and X-rays only that Bud turned out. First of all, that doesn't mean it was all Bud's (and it wasn't), and second of all, I suggest that should be Bud's decision, not yours, or that you should take it up with him. Aside from this, such activities waste time you do not have and cost money you cannot spare... Anyway, you should now know about J. He is terrible. And he is now saying he is the only one in the world doing any "investigating". Incredible as it seems, this is exactly what he recent said. Sylvia has it. And he is the one who is commercializing while doing no investigating. If he believes it this is even worse than his willful lying.

It is without basis to assume that Jim has the capacity, intention or capacity for learning for what he does not even acknowledge was less than it should and could have been. Please read him as I've told you and not find out too late. More on this later, perhaps, but send nothing there save through me, and if there is anything I think should not go I'll take it up with you. He has a jurisdiction to which it is part time for him to restrict himself. It is also not probable that with the apparent termination of the Fox-Turner-Lane association (you forgot Mort Segl) there are or will be no more sycophants. He can abide no others. Mark may yet return. I'm waiting until Moo is here to learn and say what I will and will not do. Bud is inclined to be even more restrictive than I. I discussed this with him briefly today.

Little time for comment on Lifton. I'll go out on a limb and say he has nothing that is solid unless it originates elsewhere... Frankly, from what he told me a year ago, I fear I know what it is, "proof" LBJ and Musk/Dulles (depending on when he said it) actively plotted the murder... I remain unconvinced that there is any splice in the film save the one I exposed. The copy Fred had was edited and helps me make up my own mind of the source. I saw another like it, not in the archives, and wrote and otherwise informed others, including you, at the time. However, while I am without complaint at Mary's keeping a confidence, I am troubled because some of her interpretations also worry me. She could buy (and has) what I won't. One when I clean up the new accumulation. Thanks, Best,

November 16, 1969

Dear Harold,

Thanks for your recent letters and their enclosures. Enclosed are copies of my letters to Jarnagin, Mrs. Phil Willis, and Jerry Policof. Jarnagin and Mrs. Willis both seemed to feel at ease with me, and I got along well, so I thought that I would try to keep up the relationships. Jerry seems like a fine fellow and I thought that he might be able to help on Kara-p since Edelman doesn't get to New York City except on vacations. By the way, I told Rich that he should hold on Mort Seder until we know more, because Mary just had dinner with Senator and that she may have learned something.

I have a copy of Paul's letter of 11/12 to you. I am glad that my correspondence with Masterman has been mostly about the older aspects of the case, and that I mentioned nothing about any of this, because he will have no reason to believe that I (or you by inference) do have an interest in this. Paul's analysis and suggests as to what to do next are perceptive, in my book at least, and I think that he has done the right thing. I guess that this is pretty typical of Joesten, and perhaps Masterman. Ironically, I had thought (perhaps during a moment when I wasn't thinking too hard) that it might be OK to ~~have~~ have Paul send Joesten some of his memos on things like Hoover's statement, 544 Camp, ~~the~~ CE 237-Odum# ex. 1, and the old work in order to give Europeans an idea as to the type of work which is being done. Paul quickly pointed out that it wasn't a very good idea, and that he would not want to be associated with Joesten. As for who gets Joesten's newsletter, your guess is as good as mine. A few people over here do, such as Mary, and interested parties in the continent, and people like Masterman. Both Paul and I sent Mike a copy of Don Olson's article, since it had direct relevance to his, and he sent one of them to Joesten, and said that Joesten wanted to publish. I said that he would have to get an OK from Don, not Paul or myself. I have sent Joesten only the stuff Bud put out on the attempt to get the photos and X-rays, since that can do little harm, and he will undoubtedly publish it en toto, which might be good since that has gotten little exposure, I imagine, outside of this country.

Paul suggested that Rich Edelman write Dave Lifton for info on Killgallen, because Dave apparently has something, but I have my doubts that he will convey anything of value. He has an interesting attitude towards sharing research--one way in his direction, although he continually badgers people to turn over all they have to him. Mary tells me that Fred claimed all responsibility for the massive paranoia which followed my trip to Dallas, and which involved calls and letters to Mary and myself, not to mention letters. Ironically, Marlynn Newcomb pointed the finger at Dave, and said that he was again quoting her husband out of context, etc. It was probably a joint effort. It is amazing that they could feel that way about Mary, after she spent a week out there, and ironic that her reaction was that even if Dave and Fred broke off with her and made charges, etc., she would still hold the stuff in confidence. Glad that she wrote to you. I still feel that she is pretty busy. I haven't heard anything for over a week.

Your letter to Paul and me of 11/12/69. Agreed on Jim. I think that there is reason to believe that he has learned some lessons and will continue to work on the case but not do much publicity-wise. The case, of course, even when he was off on wild tangents, involved a fair amount of strain, and with the glamor gone and the Boxley-Turner-Lane contingent gone, there is little reinforcement. By the way, on the subject of Mark, when I was on WLOL there were some remarks after the show from the guys at the studio. Remember how I had to chase him all over town for 5 days after he repeatedly failed to call me when he promised, etc., and finally ended up (after having wasted about 6 hours, and several \$ in parking fees) having to talk with him about security-type things at the airport in the company of a dumb blond, and in the end result briefed him, and learned nothing of interest? Well, I knew that Power's Dept. store had given him the blond, and the WLOL guys, one of whom knows her, says that she is married and somehow got away from her husband to stay with Mark for a few days. So I suppose that I had even more competition than I had imagined, and it wasn't just the parties which caused Mark to spend only 4 hrs. + the Wolf show on the radio, just minutes on the TV, and just 3 hours of autographing books in 5 days! Gary Short, who has become very alive politically (he was the early morning slot when you were here) said that he was incredibly unimpressed and somewhat disturbed, since the impression you and I give is one of day and night work, little flamboyance and a lot in the way of documentation, sacrifice, etc., and that if Mark represented the Garrison investigation, it was not hard to see why they didn't do so well in the Shaw case.

I was on WLOL (now #2 station as far as advertisers are concerned, in the Twin Cities-- quite a rapid growth, as both of us predicted, since when they started up only 2 years ago) on Gary Short's new afternoon slot, and had an enjoyable time. I was greatly rewarded by the

excellent questions and who had done extensive reading on the subject. There were a few unusual elements also, as usual, and I will be doing a memo on them which I may enclose in this letter. No nuts, also as usual for one of us, although the station still gets them regularly-- except when one of us is on. All in all, as you can undoubtedly tell from my enthusiasm, it was refreshing and a nice renewal of old friendships. Alex Bennett, of course, was fired, and Ken Minyard now has a good job in San Francisco. Paul Helm, a radical rightist par excellence, who is a member of every right wing group in Minnesota, is in the evening slot. They said that he is Major Stenvig's chief advisor behind the scenes, and that he writes Stenvig's speeches, and presented a convincing case for Helm's influence. He is as far right as anyone I have ever met. Needless to say, I am dying to get on his show, since he doesn't believe the WR, but says that it is a left wing conspiracy.

On Quiroga, one of the things that has always fascinated me about the name is the Mexico-American border incident involving a guy who was named, allegedly, Quiroga. That was in my last archives order and I want to follow it up when I have time.

Well, I'd better go now. I have my Clinical Special exam on Monday and haven't had time to study yet. I'm still keeping at least one speaking engagement a week going, and trying to find time to get the Committee organized. I now have part of the Nix film and will try to get it put into a shorter sequence (it is part of a longer newsfilm)

Best wishes.

cc:Paul

---END OF CARBON---

On your letter of 11/11 about the MMPI. A retesting is a good idea, particularly if there is reason to believe that the way you feel has changed. Scales which go up and down tell us the most about what your basic personality structure is. That's one of the reasons I got you that copy of the test to keep, and why it was a shame that you misunderstood and sent it back. If you want to take it again I will send the test back and you can keep it. One of the reasons that I wanted to explain the test to you is that you have a great deal of intellectual curiosity. In addition, and perhaps more important in some ways, if I ever get Sirhan's test results they may turn out to be very important. I say this because, as I pointed out earlier, the misuse of the MMPI in that trial was the most unbelievable thing I have ever seen done in a psychologist's testimony. The failure of the prosecution to jump on it was also unbelievable. From the testimony that was given, it seems almost a certainty that the test either caught Sirhan faking bad or that it showed him to be normal. Or, something I didn't mention before, that the defense lost on purpose, and that the MMPI showed him to be crazy, and they purposely did not use it because the prosecution could not have done anything with it.

As for your concerns about one or two answers not being accurate, this would have little or no influence on the test results, and from testing to testing people answer certain life-history types of questions differently, although other items on the same scales are also answered differently and the profile sometimes remains about the same. Remember, that was my point with Sirhan--they argued he was paranoid because he failed to answer paranoid (scale 6--Pa) items and I pointed out that individual items, especially the failure to answer them, has less than no meaning. We never look at individual item responses because we don't know what they mean.

There is no way, I am sorry to say, that we can find out anything about whether or not you have physical injuries from the test, with the exception of lower back pain for which we have an incredibly good scale which is probably more accurate than any doctor. All we can do is say that your personality type would be consistent with physical symptoms which have a psychological cause. In other words, the test is more important with such things as dizziness, etc., if it shows a personality type which rarely or never reports such symptoms. Then we can predict that the cause is physical. When you first told me of the middle ear problem, I did note that it was consistent with hearing difficulties. The problem with the word dizziness is that it is a very frequent complaint and has a thousand meanings. To some people it means that the room starts spinning or loss of balance, to others (and typically in the complaints given to the psychologist) it means a faint feeling or feeling of weakness, or inability to stand. It is this kind which is brought on by hyperventillation, although of course there is some spinning of the room possible and the two are hard to tell apart.

I will stick with the self-esteem interpretation. Bear in mind that when we say self esteem it does not have the more restricted usage that it does socially, but rather one's general self-

concept. In other words, it is important for you to accomplish certain things during your lifetime, and these strivings and concerns and your pursuit of them are a very integral part of your ego, or your self, or your self-concept, who you are, etc. They are very much a part of what we loosely call your personality. A description of you, even by a psychologist, would have to feature these prominently to be acceptable. So I didn't mean that you would have anything like less respect for yourself, but merely that you wouldn't be able to pursue as vigorously all those things which you ~~####~~ have invested so much of your energies and finances in over the years. I should have qualified by statement a bit more, but I tend to write you like you are a psychologist, perhaps because I have respect for your intellect, know that you have a thorough grass roots knowledge of psychology. Again, it is a shame that I could not afford to call you and discuss this over the phone because it would have been a bit easier to express it all, rather than in a letter written under the inevitable pressures of time. The phone call with the MMPI interpretation would probably have been quite discouraging to those who listen on our phone lines, and quite a juxtaposition to Lifton about whom they need hear no MMPI profile interpretation.

Your mention of having a healed ulcer is consistent with an MMPI like yours. People with such profile not infrequently do develop ulcers, etc., although in your case I wouldn't expect that there would be a serious problem. Your interpretation concerning the increase in your symptoms with anxiety is probably correct and very perceptive on your part. In fact, many symptoms of physical ailments are exacerbated by anxiety. For instance, hypochondriacal people who are in the hospital for physical problems report much more serious problems than others with the same disease, injury, etc. Depressives get even more depressed than others when there is a real reason to be depressed.

On hyperventilation, that arm position was nothing special, but merely one of the ways I suggest to people that they can keep a check on their breathing and exhaling without looking unusual in public. In other words, when in public you can't breathe into a bag, or do anything too much out of the ordinary, so we tell the business executives just to rest their heads on their hands in a normal position and have part of the hand in position to feel the exhaled air. The diagram next to this will illustrate. There is nothing magical about this and it serves to enable you to do one thing--be aware of your breathing and make sure that you are exhaling before taking in more air.



As for the question of Lifton's affect, etc., your letter grasped what I meant. I doubted that you let Lifton's charges affect you directly, but there was little question in my mind that his turning off of people (especially those out there who are in touch) certainly must have led to feelings of futility. I have felt that same futility when trying to discuss it with Paul, for whom I have the utmost respect, in order to reinforce your feelings of Dave's danger to us. It is futile because Dave has been on his good behavior and Paul doesn't know me that well. When it was apparent that Fred, for all of his own faults was slipping into Dave's control, and that he was literally becoming an agent for Dave, my attempts to confront them with reason and facts was of no avail. So I read nothing into it but what you explain.

The negative test for hypoglycemia does not surprise me. You might be interested to know how alike we are in that respect. I get very woozy and sleepy some time after eating, and also share your big appetite and compulsive eating. It probably related to the fact that a very big meal requires enormous amounts of blood for digestion and that therefore the easiest thing for the rest of the body and brain to do is go to sleep. I have fallen asleep during some seminars given by Meehl, which was pretty embarrassing. This is nothing to worry about.

You are right that the tightness in the stomach would have little to do with the breathing. The breathing troubles can cause a number of stomach feelings, including nausea, general ill-defined discomfort, hollowness, etc. Stomach tightness is generally a straight anxiety trouble.

Your memo on the MMPI of 11/3: On scale 1 I would agree with your hypothesis. Aging is inevitable and I wonder myself how I will adjust to it, despite the fact that I will be alert

for signs of my own disturbance by it. This is heightened, in your present case, undoubtedly by the unfinished business of the assassinations, and even the other things like Tiger to Ride which you want to write on. The two new assassinations probably contradicted because that's just all the more we must do. I sometimes feel frustrated at my lack of time, because I feel I could contribute a great deal on all of them if I just had time to start digging the stuff up. My interests and ideas, like yours, mostly remain in my head, are mentioned in passing in letters, or never even make it into memos. Just my last archives order was chocked full of things which interested me, and I still haven't had time to do the memos.

Your interpretation of scale 2 is likewise reasonable. Bear in mind that many think that depression is anger turned inward, either ~~#####~~ because the personality structure usually leads to it, or, because it is difficult in a particular circumstance, to turn it outward. In the case of the Lifton thing there was little you ~~#~~ could do to express your feelings to those involved (I don't like to use that word because Dave's distortions make it clear that from what we now know, it doesn't look like these people really said those things, or at least if they said any of them, they did not have the meaning Dave attributed to them). In addition, it hurts to think that those who you trust are stabbing you in the back knowingly.

On scale 3, I do not have a copy of my letter, but if I said that people high on 3 are hypochondriacal I should not have. Basically, people high on 3 do turn anxiety inward into physical symptoms, and sometimes are hypochondriacal in addition, but the former is the key idea. This, for some strange reason, convaries with desire for acceptance and a need to socialize, although there is no explanation for this which is logical, save for the psychological construct of the hysteroid personality. For some reason those two stay together, and also suggest things (when 9 is up) like hyperventillation. Scale 1 is the one which deals with hypochondriasis, and you were not up on that. One and 3 tend to go up together ~~#####~~ more often than not in the psychiatric population rather than among normals, and K also goes up with 3.

Scale 5: We don't know too much about this scale when it is up in intelligent males. It tends to reflect only what I interpreted. Some homosexuals are up on it, but more often than not it has to do with the fact that they are homosexuals because of their female-identification which leads to wide-ranging interests, especially aesthetic. My scale is about where yours is, and so is that of most of my friends. If it is that high in non-intellectuals and non-college types, then one would think of homosexuality, although such a thing is never even predicted or suggested from the MMPI. Had your scale been low, it would have suggested a generally coarse, super-masculine person. In a woman if it is real low (the reason that there are different profile ~~###~~ charts for men and women is that the 5 scale is scored in reverse for women) it signifies chronic dependency and over-identification with the female role. High signifies a tough, hostile, masculine kind of person. But this scale just doesn't tell us that much when up in a case like yours. View it as in the normal range although it looks high, because, as I have said before, certain scales are interpreted entirely differently, or have their interpretations modified by certain factors. For instance, clergy, farmers, and people over 55 or 60 are expected to have higher L scales. In the case of the clergy this is for the probable reason that many have led super wholesome lives, which in the latter two groups it signifies defensiveness accurately, but it is not as worrisome because everyone in those groups is that way so it seems adaptive.

Scale 7 is a pretty good scale and doesn't miss that often. Notice that it, along with 8, has a very big K correction, since defensiveness, which you don't show, affects it quite a bit. It is always possible, of course, for someone to have trouble with one of the things which sends that scale up, but have less trouble than the average person with others, and therefore the scale might not go up. The MMPI never rules things out, although it does suggest their presence. Our reports typically say that the MMPI gave no evidence for something, rather than it indicated that something was not present. This is important to bear in mind. In the future well will be able to be more specific. 7 is at t score of 50 for my mother and that is a clear miss, so the scale is obviously not infallible, as none of them are. Anxiety, more important, shows up in a number of ways--in your case, the 3-9 configuration. Others, in fact some with very high anxiety, may have a 2-7-8 configuration, with 3 and 9 down, and even below the 50 line. A paranoid schizophrenic who is a 6-8 or 8-6 is a different type of paranoid schizophrenic from the one who is an 8-9, and although the diagnosis is the same, the MMPI is a much better description because it tells you more about things. Many psychiatric patients ruminate about suicide and therefore answer questions which send up certain scales such as 7 and 8, but knowing the

configuration will enable you to predict whether or not it will be attempted, and even perhaps the likelihood that it will# succeed. A 4-8-2 profile (by the way, this means that the high points are 4-8-2, and that they are at specified heights--usually around the 80 t score range# at least) is the highest suicide risk, although other groups talk about it more often.

On esteme, page 2, I essentially agree and I think that you will see that my impressions, from the preceding page, are somewhat consistent with you explication. On Hal, etc., certainly one of the things that upset me, if not you, was that our concern about irresponsibility, which it took me time to learn about on my own, even after you had warned me, on the part of Fred and Dave, is not really shared. I have never had a mention from either Hal or Paul of feelings that Dave was either sick, or dangerous, or anything approaching that. To them he appears to be just another critic, perhaps different as we all are, who gets into fights easily and tends to get people angry at him. I wish# that there was some way I could do more than just indirectly confront them with his letters. Even at that, it would take a bit of inference to arrive at our fears, which are think are valid, and Hal and Paul seem very indisposed to that. The Turner thing was another example. Lifton and the Newcombs are very cautious with people who they try to stay in good with, and only run wild when someone aroudes them to it. Right now they are comfortable in something similar to what I would call a folie a deux, the #### classic type of situation where two people or more are in a symbiotic type of deviant relationship involving the sharing of a delusional system, etc. They reinforce eath offer for the wildest ideas and theories.

On Lifton, let me make it clear that I, given the present state of things, would not shrink from a bit of counter-espionage, in terms of finding what he has, knowing full well that neither you nor I would ever consider stealing his work. I am mostly fearful of it being phoney and then, after some public uproar, being exposed as such. Meanwhile, he will# ruin all else which he has gotten from the published material, what of others work he has, and even things like Paul's memos which I assume he has. The greatest worry is that his big info is a plant or worse. I want veyy much for him to get the god damn book out so that we will no longer have to hear about his big discovery but will be able to evaluate it. Then he will not be pumping people using that as he does, and any tidbits he has which might help us (and he may have some, given the amounts of money and time--in fact, if he doesn't it will be amazing, because he has to have stumbled on some things by now). In case, however, that he really has something real and of importance which he stole or somehow stumbled on, then it would be important to let the rest of us have it to work on. Mary is helping him, and that can't be altered. I think that it is a big mistake, but the mistake was made when she originally agreed to help him, not now in terms of her continued help. If she can push him to get the thing out then this part of the mess will be over. If he is affiliated with any who want to harm us he will publish anyway. If he is not so affilitated, then he will publish anyway also because he wants, as he told me and implied to both Mary and I, fame and money. The sooner, the less work he will have stolen, the less he can misuse, the less he can ruin, etc. In other words, he make Garrison is with us whether we like it or not. He has enough, certainly from literary theft if nothing else, to publish right now, as anyone would who just bought your books and had a little extra. Fred's work, which will probably take up much of his book, will provide enough "new" stuff--i.e. Last train, frames from the Bell film, splices in the Z film, etc. It is unfortunate that all of this will probably come out without full research having been done on it, but there is little we can do aobut it. Mary will push Dave to publish and he will eventually have to or lose his relationship with her. Bear in mind, by the way, that she has seen only the good side of him personally, and has had ony a small taste of the craziness herself. While I think she believes me, and now realizes that he is no better than Garrison, she again wants to push this to conclusion to see the result. She stuck with Garrison hoping and praying that something would come of it. In general, on Lift: there is little to be learned other than what we already know about who he feels was involved and how it happened, and the key thing--his gem of info--we will know no more# about. I have continually stressed to Mary the fear that it is phoney and she seems alert to those types of possibilities anyway, and that's where we will leave it.

Well, I'd better go. Best wishes to you and your wife.

Mary