Rep. Charles E. Bennett (D-Fla.) revealed yesterday he knew in advance about the Kennedy administra-tions secret plans for the 1961 Bay of Pigs invasion of Cuba.

He said he had been told of the Central Intelligence Agency's plans as a member of the House intelligence subcommittee. He said he was convinced it would fail and went to register his qualms with President Kennedy.

Bennett told the House ethics committee yesterday he didn't feet free even now

to reveal what Kennedy told him "but I can say he shared my disquietude."

Bennett said he believed he had exhausted his remedies with his discussion with Kennedy and never considered making the Bay of Pigs operation public.

His statement was made in response to testimony before the ethics committee by Rep. Robert N. Giaimo (D-Conn.), who appealed for revision in the rules that bind Congress from making public even damaging information that individual members believe should be

known.

It was in response to Giaimo's testimony that Bennett revealed he had known about the CIA-Cuban invasion plan and had kept quiet about it publicly.

The exchange occurred as the ethics committee began its second week of hearings on how CBS correspondent Daniel Schorr got a secret copy of the House intelligence committee's final report last January.

Giaimo was a member of the intelligence committee. Bennett is a member of the ethics committee.