

Dear Clay,

3/24/98

Sorry I did not make clear enough my purpose in sending you part of what I would use in the epilogue and sorrier that your heart gave you some kind of warning. Your 3/20 does not give the diagnosis. I hope it is but the normal reaction to tensions. Wherever it is I urge you to heed what can be a warning and not to abuse or overuse your heart. When I spent more than three weeks at Hopkins, sent there from the local hospital which did not expect me to survive, I was taught to walk more slowly than the present snails pace. I hope it is nothing serious.

Perhaps the use I made of the memo Wrons returned to me is clearer in the hastily-written epilogue. I had a copy made yesterday and had I not been knocked out it would have made yesterday's mail. I'll add this and get it in today's. In a few minutes I'll be leaving on my early morning walking, after which I read the papers when I'm home and then work again. Yesterday's mail held much that requires response. But I hope to get rid of Donahue/Menninger before Friday, when a professor I've helped in the past, not on the assassinations, will be here for help on another book.

Stress can be serious. Some years ago a small dose of valium was prescribed for me, I mean at a small level, and it was helpful. I used to break the prescribed 5 mg pills in half. And it does not interfere with any functioning. Absent making a habit of it at higher dosage, I suppose.

No. 1, take care of yourself.

And many thanks,

Too much rush. Sorry! Skimmed what you sent before retiring last night and did not recall your appreciate efforts with agents. The guest this weekend has an agent and I'll make that inquiry and I have had in mind for some time one in particular, despite the odds against it, Esther Newbery of International Creative Management as soon as I get an address. McK has been too busy to get it from the Hood library. She was with Teddy Kennedy years ago but may have a conflict in having repped Hersh. I can use the approach to her as a means of informing her for the future of what exists.

Take care!

