

# Prevention

J. I. Rodale, Editor  
Ruth Adams, Assistant Editor

46 S. West Street, Allentown, Pennsylvania

Please direct reply to:  
R.D. #2  
Allentown, Penna.

Jan. 24, 1964

Mr. J. Edgar Hoover  
Washington, D. C.

Dear Mr. Hoover:

I am wondering if you could send the enclosed letter to Mrs. Lee Harvey Oswald. You may read it. I don't know her address.

I think it is very important that we get down to this question of diet in connection with crime.

Best wishes.

Sincerely,

PREVENTION

J. I. Rodale,

Editor

REC-9

12 FEB 7 1964

JIR:vk

*1-27-64*

*Copy to Rodale 2-21-64*

*DTP:bal*

**EXP. PROC.**

JAN 20 1964

*Original in file...*

*[Handwritten signatures and initials]*

# Prevention

J. I. Rodale, Editor  
Ruth Adams, Assistant Editor

46-S West Street, Allentown, Pennsylvania

Please direct reply to:  
R.D. #8  
Allentown, Penna.  
Jan. 24, 1964

Mrs. Lee Harvey Oswald

Dear Mrs. Oswald:

I am wondering if you could tell me exactly what was the diet of your husband. Was he prone to eat a lot of sweets, desserts and sandwiches?

I am making a study of the fact that many people are not responsible for what they do and that due to their economic status their diet is so bad that it effects their character. We are creatures of circumstances to that effect. In other words, Lee Harvey Oswald might have been the way he was because of the system of manufacturing foods and refining them and taking out vital things and the fact that he did not have enough money to buy enough of good healthy food. This might be published in our magazine called "PREVENTION".

Sincerely yours,

PREVENTION

J. I. Rodale,

Editor

JIR:vk

*My reference to  
case of mis and  
JIR*

*8 BTI*

*105-8255-115*

105-1759 February 4, 1964

REC-9

EX-102

Mr. J. I. Rodale  
Editor  
Prevention  
Route 2  
Allentown, Pennsylvania

FEB 4 2 52 PM '64  
REC'D-READING ROOM  
FBI

Dear Mr. Rodale:

Mr. Hoover received your letter of January 24th, with enclosure, and asked me to explain that it is contrary to his policy to forward mail. Therefore, he instructed me to return your letter addressed to Mrs. Oswald.

Sincerely yours,

Helen W. Gandy  
Secretary

*ETP*

MAILED 12  
FEB 4 1964  
COMM-FBI

Enclosure

NOTE: Bufiles indicate correspondent was written on 12-5-63 in connection with the assassination of President Kennedy. Prior to that time, only one letter had been directed to him (in 1959.)

FEB 2 3 50 PM '64

DTP:fc  
MAV:ICE  
(3)

- Tolson \_\_\_\_\_
- Belmont \_\_\_\_\_
- Mohr \_\_\_\_\_
- Casper \_\_\_\_\_
- Callahan \_\_\_\_\_
- Conrad \_\_\_\_\_
- DeLoach \_\_\_\_\_
- Evans \_\_\_\_\_
- Gale \_\_\_\_\_
- Rosen \_\_\_\_\_
- Sullivan \_\_\_\_\_
- Tavel \_\_\_\_\_
- Trotter \_\_\_\_\_
- Tele. Room \_\_\_\_\_
- Holmes \_\_\_\_\_
- Gandy \_\_\_\_\_

*MW*

*W*

*King*

FEB 4 3 51 PM '64

SEARCHED

79 FEB 11 1964

MAIL ROOM  TELETYPE UNIT