WILLIAM MANCHESTER (Portrait of a President, The City of Anger, The Long Gainer): "My present task, you know Mrs. Kennedy asked me to write the history of the assassination. Parts of it are sheer agony. I have been reliving those days for nearly four years and it doesn't get any easier. It's anguish. ... Since February 4, 1964, I've been working 12 to 14 hours a day. Recently I did deliberately take three days off and it took me a week and a half to get back. I have a rigid sense of self-discipline. 3 For example, recently I decided to lose weight and I set myself to 900 calories a day. I couldn't get off it. I went down to 140 pounds before I could force myself to stop. But everyone suffers problems of procrastination. You invent all sorts of rituals of busy work in which you persuade yourself you're working. . . By spring I'll have a manuscript of 1,400 pages." SOOK WEEK 46/66

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