

*just unsteadiness feeling?*

7/14/77 Although I recall no nocturnal leg discomforts for several weeks on awakening this morning there were slight discomforts in both legs. After I moved around a bit these wore off. But in moving around I became aware of an unsteadiness feeling. I was not dizzy. About 40 minutes after getting up I walked the approximately 250 yards to and from the mailbox, slowly. The return is slightly uphill. I felt a bit tired toward the end of the return trip.