

Dear Jim,

6/28/75

This is because I am aware of your concerns for me and because the incompleteness and character of recent mailings may increase that concern.

First I am trying to catch up on the rest I did not get during the recent activities. I slept 7 hours last night and will sleep longer the rest of the weekend. The weather even precludes outdoor physical activity which could tire me more.

Second, I am aware of the fights I am picking and their potential. What I spell out to Tom in what I mailed this a.m. is explicit recognition of the hazards if I do not spell that out. However, I regard both what I am doing and these copies to him as a kind of protection.

So is the Silbert correspondence.

And the tough affidavits.

So, too, would be printing of Post Mortem. However, it is copyrighted and there are copies out of my possession elsewhere.

I regard the Rockefeller Report as added proof of my correct reading of the Government's intentions and as a clear reflection of its backup position for when the thing comes apart.

If I am confident I am not blind or unfeeling. At 9:30 I'm drinking the last of the coffee I allow myself, a <sup>quart</sup> ~~part~~ a day. I limit to the one brewing, kept in a thermos.

I'll not be able to keep up with yesterday's new Russian spy arrests. They are not surprising and I rather imagine the accounts will indicate that arrests could have been made earlier. Add this to Mayaguez and the current situation in and about Korea and there are bad vibes. This is government SOP for buildup.

These arrests also serve to help when there are these exposures of wrongdoing.

So, if you notice evidence of special timing in the arrests and attendant publicity, I'd appreciate being told.

Best,