

Dear David,

4/16/92

When I awakened at my usual abnormally early hour first thing on my mind was our yesterday afternoon's conversation. Ordinarily in about a half hour I can be at my desk but sometimes, like this morning, I don't feel up to it. However, I did think as I sat and rested and later today I hope to return to some of what came to mind.

Most days these early hours are my best.

Sleep apnea can be dangerous. In my case these dangers/^{also} involve a great^{or} possibility of a stroke. Part of what was disconcerting yesterday and will take time today is the failure of the neurologists who had the tests made to confer with the cardiologist to determine whether the medication he is prescribing is safe for me and whether ~~it~~^{is} is not good because of other medication. When after a long wait I was able to ask the neurologist whether his prescription is not indicated because of some of my other medical problems, instead of consulting his information ~~on~~^{of} these things he told me to ask the pharmacist. While^{ch} I'll do today. I alas must do these things because my family doctor and the uardiologist both prescribed what + should not take because of my prostate problem to help me sleep. Neither suggested determining whether ~~lr~~^{or} not I had sleep apnea, of which I'd never heard but an obvious possibility to doctors, and + learned that only when I went off on my own. Only to now find that + must also determine for myself whether or not this new^w medication is safe for me.

Sleep apnea also is the cause of tiredness, as this morning. This comes from failure to breathe while asleep and in my case from the slower than normal beating of the heart.

So that I will not forget when I later resume this first I think you should read all the books before you decide on what you need from "Whitewash and what you dont and what you need and do not need from them.

Second, you are the editor and I think that this entitles you to at the least add ~~some~~ notes, as from Whitewash II on "Hil Willis's fifth picture and that it was the first book (published 12/2/66 and completed that September) to report that from the head shot or shots JFK moved first forward and then violently backward. The first in and of itself destroys the Warren Report, the second was the unnoted beginning of a major controversy.

Before I leave for my walking, more on executive sessions transcripts, Carrico, Perry, Altgens picture in WM II, FOIA records. *(TO be used, suggestion.)*
Resumed 4/24. I'd intended to return to this but didn't. ^{SORRY} about the copy of Oswald in New Orleans. They were delayed at the bindery, got to Frederick day before yesterday, and yesterday's packages were all that the mailbox could hold. This version is less awkward to handle and has no illegible portions of pages. Helen made the master from which it was done commercially, for which I'm grateful.

I took the Malcolm X book to Johns Hopkins with me today expecting to have time to do some reading. We got there early on the slight chance that the doctor ^(Neurologist - 6:45) would see me

before my appointment time and lo! he did. So I did not get much read and before leaving I'd had time to read only the dust jacket and a few pages. (I did not know you did that book that I'm sure is interesting on the black baseball players, of who³/I can remember the barnstorming of the greatest, or one on Thurgood Marshall, of which I do not remember seeing any mention^o) Not that much more ^{read} while waiting.

I'll write you separately about Rosa Guy, a story that may interest you, and about the Black Legion, which was much, much more than merely racist.

The Hopkins neurologist was so pleased ~~he~~ he told me to come back in ^{nine} months rather than six. His sole interest was in strength where my legs and feet were weaker. Says the exercises have been a benefit and gave me a couple more to do. This does not mean I'm walking more or better and he knows I'm not. Nothing can be done about that now.

I'm finding the book interesting. I hope others want to find out and buy it.

Best,

Harold

On reading and correcting 4/26: I was trying to explain why I was disconcerted when we spoke. The Hopkins neurologist confirms the opinion of the local one, that I have a higher possibility of a stroke from not taking this medication than from taking it. Before doing this, however, I'll try to learn from the cardiologist whether there are any indication of the onset of any complications. If they are urinary, one of the cautions or warnings in the Physician's Desk Reference, I won't have to be told. It'll happen. Late^{4/26}: What I ^{then} wrote about Rosa Guy and Leda (Selva) Orem's story was hasty to get it done because my eyes water/much these days from an infection and that interferes with my vision. I feel that what I wrote is inadequate. I hope the two of you will think about it and who could do it because I am confident of its value and potential. It is true as it would be difficult to imagine. Imagine a girl all alone wandering through the battles of that part of Europe in World War II! And surviving. And limited as she is in endowment, able against all the odds to get to the US and find the man now her husband.