Helms Flies To Persian Gulf States

By Jim Hoagland gton Post Staff Writer

MUSCAT, Oman, Dec. 2— Richard Helms, U.S. ambassa-dor to fran and former head of the Central Intelligence Agency, left Oman today after an mannounced one-day visit to this strategically located Person Gulf country.

American Embassy officials reluctantly confirmed Helms' arrivat here in an American arrivat nere in an American military aircraft. His visit was described as a routine stop on a "smiliarization" visit to Arab countries on the Persain

Gulf.

He was accompanied by septor members of the American military, mission in Tehran.

Helms eft this afternoon for Bahrain and a return to Iran Tuesday His previous stops in the Gulf included Kuwait, Abu Dhabl, and Saudi Ara-bia

Abu Phabi, and Cauth Abia.

His met with Sultan Qaboos saved in the southern coars own of Salahah, during a reit visit.

By middence or otherwise, Hell a list comes at a time of help of diplomatic and mile rectivity in the gulf.

Ome my Iran share land comes of the Strait of Hormuz through which 20 million muz through which 20 million barrels of oil a day passes in tankera

(The defense programs of the Persian Gulf states are insufficient to meet potential threats, according to the foreight ininister of Bahrain, quoted today in the Beirut daily, An Nahar. Sheikh Mohamed Bin Mubarak Khalifa told the newspaper that Iran was not the only threat. He suggested that the gulf states develop a united defense strategy, and urged the Arab world to thelp us achieve coordination.")

Fan has had more than 1. 200 paratroopers stationed in Omen for the past year helping the forces of Oman's Sultan Qaboos fight communistbacked guerrillas in the Dho-far Province around Salahah. Oman announced in October that the Iranian troops would be returning nome from because their mission has been accomplished, but it is still not clear if this is only a rotation with new Iranian troops coming the

Because of his intelligence background and his posting to Iran; a visit by Helms here could be turned into a propa-ganda issue by radical Arab states who support the Dhofar rebels, known as the popular Front for the Liberation of Oman (PFLO).

William Colby, who now holds helms former position as disector of the CIA, was reported to have visited the Middle East last month and it is thought that one of his stops was the gulf region. His itinerary has been kept secret.

The Dhofar guerrillas are backed by neighboring South Yemen, the Soviet Union and to some extent by Iraq, which has engaged in interminttent border warfare with Iran over the past few years. Iran, a non-Arab Moslem country, is supporting the Kurdish rebellion in northeastern Iraq.

An Iraqi naval force consisting of two minesweepers and two guided missile carriers last month toured Arab sheikhdoms along the fulf but did not come through the Strait of Hormyz or call in Oman.

The U.S. aircraft carrier Constellation and two escort-

Constellation and two escorting guided-missile destroyers left, the gulf last week after unusual familiarization" you age. The Pentagon said it was the first trip since 1948 by a U.S. carrier into the gulf.
British warships routinely call at Muscat about once every

call at Muscat about once ev-ery three months, pritiah sol-diers on contract to the Oman government and assigned here by the British government advise and fight with the Sul-tans' army in Dhofar.

France, which established full diplomatic relations with Oman this year, has sent ships on quarterly visits for the past nine menths from the Frenchheld port of Djibouti in East Africa, according to Western sources here.

Arab rulers of the area are due to gather in Riyadh, Saudi Arabia, this week for a gulf summit meeting fran's Shah Munagimed Reza Pahlevi has Monagemen Reza Franty: nas been improving his country's relations with the traditional rulers of the Persian Gulf, who were angered at his sel-pured, three small islands off that hast of the United Arab Eminates in 1971.