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30-Year Commemoration In Dallas and Arlington

By DAVID E. ROSENBAUM
Special to The New York Times

ARLINGTON, Va., Nov. 22 — On the 30th anniversary of John F. Kennedy's death, thousands of tourists filed past his grave at Arlington National Cemetery today, and the plaza in Dallas, Texas, was filled with people who gathered for a National Historic Landmark ceremony.

Senator Edward M. Kennedy, the former President's only surviving brother, arrived at the grave shortly after 3 P.M. with Representative Joe Scarborough, Kennedy's widow, and their wives. They knelt at a wooden altar in front of the tombstone, knelt, crossed themselves and appeared to pray silently before the eternal flame for about two minutes. Then they walked around a bond to the grave of Robert F. Kennedy, Kennedy's brother and presidential aspirant's father, and prayed briefly there.

They were apparently the only family members to visit the grave. Family members said long ago that they preferred to commemorate Kennedy's birthday, May 29, rather than the date of his death.

Ceremony in Dallas

In downtown Dallas, Nellie Connally, widow of former Gov. John B. Connally, designated Dealey Plaza, where Kennedy was shot, a historic landmark. The Connallys were riding in the open limousine with Kennedy and his wife when the President was shot. Mr. Connally died last June.

"Thirty years ago," Mrs. Connally said, "I brought me here as an unwilling player in the most unfortunate tragic drama of our time. Now, three decades later, we are gathered not to look back with grief, but to look forward."

At the ceremony in Dallas, Judge Savelle Sanders, who was the United States Attorney in Dallas at the time Kennedy was shot, said the shooting "is a day very much like today: pleasant, much sunshine, good cheer." Judge Sanders told the several thousand people gathered at the plaza.

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On the 30th anniversary of the slaying of John F. Kennedy, a ceremony was held at Dealey Plaza in Dallas to dedicate the scene of the assassination as a National Historic Landmark. With the Texas Book Depository in the background, Police Officer Arthur Bucky saluted.

Report Finds Federal Nutrition Data to Be Unreliable

By MARIAN BURROS
Special to The New York Times

WASHINGTON, Nov. 22 — The Federal Government's information on nutrients in food, used around the world to determine public nutrition policy, paint feeding programs, do medical research and assess the health of how much vitamin A is in a portion of steak, is flawed and unreliable, according to a Federal report issued today.

For average people on diets who are counting calories or grams of fat, or for those who are concerned about how much vitamin A is in a portion of steak, the report says, the data are unreliable.

The report, titled "Nutrient Data in the Federal Food System," was prepared by the General Accounting Office, the investigative arm of Congress, and presented a problem. The G.A.O. said the nutrition information in the publication known as "Handbook 8 is inaccurate because of sloppy, inconsistent or questionable methods of collecting data. Although the extent of the problem is not yet clear, there are instances where fat and fiber estimates for certain foods are significantly higher than those reported by the Government agencies report on the same items."

For example, Handbook 8 says there are 3,000 international units of Vitamin A in a portion of steak, while other sources indicate there are only 400 units.

Steps to rectify all the inaccuracies, the report says, include: "conducting each individual food and are a long way off."

Many people counting calories or grams of fat are in for a shock.

of doing nutritional analyses themselves are allowed by the Food and Drug Administration to rely on the handbook's figures.

In the report, requested by Representative George E. Brown Jr., Democrat of California, chairman of the House Committee on Science and Technology, the accounting officer criticizes the Nutrition Information

sociation says it has 5.8 grams of fiber in a portion of steak, while other sources are allowed by the Food and Drug Administration to rely on the handbook's figures.

The association, which represents the industry, based its information on research it presented to the Food and Drug Association for labeling purposes. The F.D.A. considered the information accurate and accepted it.

"Long-standing Concern"

Catherine Woreck, director of the Food and Nutrition Board of the National Academy of Sciences, said the report was not surprising at the accounting officer's findings.

"It has been a matter of long-standing concern in the research community, but in the absence of anything better, they've had to use it," she said. "We have been trying to get it fixed for a long time because 'it's an uneasy issue, dull and uninteresting, even though it is the foundation of our diet."