

~~Easy~~ Easy being self-destructive or ~~an~~ critical examination that ~~requires~~ requires no assassination knowledge, only common sense & general knowledge.

Examples: how could they have known so long in advance that they have only 5 seconds? and why would anyone who knows ~~enough~~ as much about bolt-action rifles as he learns ~~by~~ by merely looking at one say he had to use a pickup truck body to preserve the empty shells when they can easily be infiltrated into the ~~base~~ hand? most of that part of New Orleans has its old & run-down homes built off the ground so they all have steps.

I could go on for ~~on~~! Too bad, and such an critical review! ~~What~~ cannot even a little red-footing can accomplish!

The only way (of which I know) that I know thromboses can be definitively diagnosed is by X-ray after injection of radio active dye. I think a pretty good idea can come from the non-invasive Doppler examination. Pain in the calf in particular is characteristic but can come from other problems. The reason I've been walking at a snail is because that permits sitting and getting the leg up as soon as there is pain. And aside from medication, when indicated, ~~rest~~ walking & resting is the best treatment. So, clearly we, walk to the degree you can, especially if you can find a place like I've been ~~you~~ using. Had it not been for yesterday's review I'd have tried driving my car there today. (I've not driven in two months)

Thanks for your good ~~wishes~~ wishes!
all the best
Herold