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Institute of Noetic Sciences

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Become part of the Noetic Sciences membership network. Join with others from all over the world in supporting research that is moving us towards understanding and enhancing the quality of life for us all.

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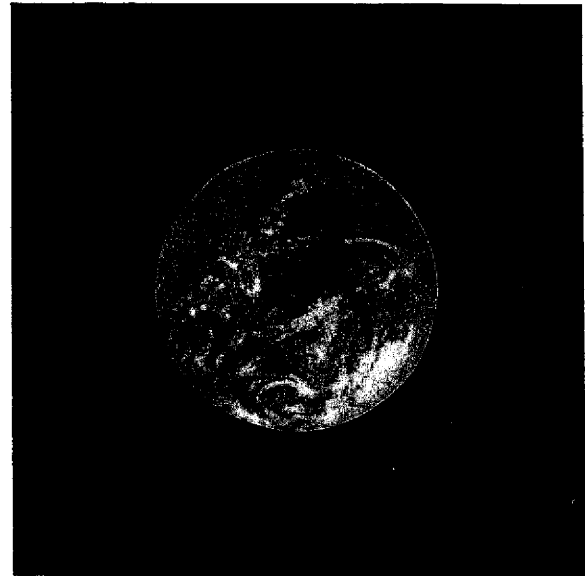
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"It is becoming increasingly clear that the human mind and physical universe do not exist independently. Something as yet indefinable connects them. This connective link — between mind and matter, intelligence and intuition — is what Noetic Sciences is all about."

Edgar D. Mitchell
Apollo 14 Astronaut

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PROGRAMS

Healing Ourselves— Inner Mechanisms of the Healing Response

Creating a scientific understanding of the mind/body relationship has been a fundamental goal of the Institute. While early work focused on the existence of the link between mind and body, the Institute is now sponsoring research to learn more about the mechanisms of healing.

What are the innate processes within us that stimulate recovery and self-repair? How can we aid in the natural healing of our minds and bodies? In seeking answers to these vital questions, the Inner Mechanisms program is using the tools of modern science to integrate physical, psychological and spiritual bodies of knowledge.

Investigations include:

- **Psycho-neuroimmunology.** What are the links between the mind, the neurological system, and the immune system?
- **Multiple Personalities.** How do people diagnosed as multiple personalities change physiological characteristics, such as right/left handedness, allergic/non-allergic and diabetic/non-diabetic conditions?
- **Positive Emotions.** What effects do positive emotions have on the healing of the mind and body? There is growing evidence that emotions such as love, caring, and the will to live stimulate the healing process.
- **The Placebo Effect.** How does the power of suggestion trigger physiological healing? What role does the subconscious mind play in the healing process?
- **Spiritual Healing.** How do imagery, affirmation, prayer, meditation, and spiritual beliefs affect healing?
- **Integration of the Outer Sciences (Western Science and Medicine) and the Inner Sciences (Spiritual Disciplines).** How might the inner sciences inform the outer sciences with new understandings of the workings of the mind?

Healing the Planet— Achieving Global Peace

"Since wars are born in the minds of men, it is in the minds of men where we have to erect the ramparts of peace."

the UNESCO Charter

For the first time in recorded history we are on the brink of recognizing that global peace is not merely an ideal, but a necessity. We have proved that we are capable of, and indeed perilously close to, destroying our world. So, too, are we beginning to realize that the same capabilities that created the threat of nuclear war can be harnessed to create global peace.

Based on the premise that the key to healing ourselves and the planet lies in understanding and transforming our fundamental ways of thinking—ways that ultimately shape our future—the Institute has developed a peace program centered around the belief that global peace is fully within our capabilities to achieve.

The peace program includes:

- Interviews and meetings with leaders in government, industry, science, media, education, people from all avenues of society deeply involved in global issues.
- A book by Dr. Willis Harman, President of the Institute of Noetic Sciences, together with Dr. Richard Smoke, Director of the Center for Foreign Policy Development at Brown University, Rhode Island. Entitled "Thinking About Peace", the book compares alternative approaches to world peace, and presents a scenario for the achievement of that goal. "Thinking About Peace" is part of the Institute's peace packet which serves as an introductory guide to understanding peace issues.
- Participation in national and international conferences on planetary challenges and solutions.
- Tours to the Soviet Union and other countries with opportunities for cross-cultural dialogues and citizen diplomacy.

PURPOSE

The purpose of the Institute is to expand knowledge of the nature and potentials of the mind, and apply that knowledge to the advancement of health and well-being for humankind and the planet.

Dr. Mitchell chose the word **Noetic**—from the Greek 'nous' meaning mind, intelligence, understanding—to encompass the methods by which we gain knowledge: the reasoning processes of the intellect, the perception of our experiences through the senses, and the intuitive, spiritual or inner ways we have of knowing.

Noetic Sciences is the systematic study of these all-inclusive ways of knowing, which form the basis for how we see ourselves, each other, and our world.

Pioneers in the field of consciousness studies, the Institute has won world-wide recognition for its leading role in:

- Building and refining a conceptual model of the diverse studies in the field, and identifying key issues and their potential integration.
- Funding and supporting promising areas of research.
- Providing a forum for scientists and researchers engaged in consciousness studies from fields including psychology, the neurosciences, anthropology, theoretical physics, and parapsychology.
- Serving the scientific and academic communities as an information clearing house.
- Communicating research findings to leaders in government, industry, science, education, and the public in general.

A few years ago two Nobel Prize winners—in physics and in chemistry—were asked what would be the most significant study to be awarded in the year 2000. Without hesitation they both replied, "For the study of human consciousness." We invite you to join us in this work.

Willis W. Harman
President

MEMBERSHIP

Among the privileges of membership in the Institute of Noetic Sciences are a year's worth of **Newsletters, Investigations, President's Letters** and other top quality publications; substantial discounts on books and publications listed in our annotated **Books and Publications Lists**; advance information on the Institute's travel programs, books, lectures, etc.

Annual Contributions:

- Associate Membership \$ 35.00
- Two Years \$ 60.00
- Supporting Membership \$100.00
- Sustaining Membership \$500.00
- Student (fulltime) Membership \$ 25.00
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HISTORY

When Edgar Mitchell joined the Apollo 14 space mission he was as pragmatic a scientist and engineer as any of his colleagues. But after walking on the moon, and gazing through 240,000 miles of space towards the planet Earth, he suddenly experienced the universe as intelligent, loving and harmonious. He knew that the Earth and its myriad life forms were not merely accidents arising out of random processes, but that all creation was part of a wondrously unified, interdependent whole.

He realized that the technological progress that had made his journey to outer space possible had also contributed to creating a new set of challenges—the misuse of natural resources, environmental pollution, individual loss of purpose, and most alarmingly, the threat of annihilation by nuclear war.

It became clear to Dr. Mitchell that the same bold genius that had put man on the moon could be harnessed to resolve these challenges. He decided then to devote his life to helping humanity function in ways more worthy of the majestic Earth he was viewing, and to explore the key he perceived to a more integrated wisdom—the human mind, and its relationship to our physical universe.

In 1973, two years after his historic space flight, Edgar Mitchell founded the Institute of Noetic Sciences, a non-profit foundation dedicated to supporting the highest standards of research and education in the study of the human mind—the most promising frontier of scientific endeavor known as consciousness research.

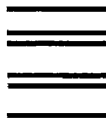
The Institute of Noetic Sciences invites you to join with them as partners in supporting one of the most significant research efforts of our time—research that is tapping the vast reservoirs of the human mind, and discovering the limitless potential within to create heightened new levels of health and well-being for ourselves and the planet.

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