

BOOK BAG

*Dr. Sheehan on Fitness* (Simon & Schuster), by George Sheehan, M.D.: Sound, simple and clear as a bell. There's nothing revolutionary here, but the running guru's tome will be fine as a primer for folks who wonder what all those health nuts get out of wearing down their Nikes.

*Breakin' in to the Music Business* (Cherry Lane), by Alan H. Siegel: For those who rock and read, here's an insider's look, chock-full of practical tips on getting out of the garage and into the studio.

*The Redemption of the Unwanted* (St. Martin's/Marek), by Abram Sachar: A compelling history of what happened to the 400,000 European Jews who survived the holocaust, tracing their liberation from the concentration camps and their attempts to begin life again, culminating in the foundation of Israel. Sachar is a master historian and storyteller.

*The Biggest Game in Town* (Houghton Mifflin), by A. Alvarez: We enter the world of high-stakes poker in Las Vegas with Alvarez as our guide. We meet the dreamers, the hustlers and the gamblers who compete in the world series of poker. And we see the winner make a bundle.

*Present History: On Nuclear War, Detente and Other Controversies* (Random House), by Theodore Draper: This book addresses some of the most pressing issues of the day—from nuclear policy to the Vietnam legacy—with clear thinking and reason. We recommend it.

*Hearts and Dollars: How to Beat the High Cost of Falling in and Out of Love* (Chicago Review Press), by Steven R. Lake: Here's a how-to book in tune with the times. Lake covers premarital agreements, no-fault divorce, living together, remarriage, the kids, your relationship with your lawyer—even a section on your will. That covers the waterfront.

*The Decline and Fall of the American Automobile Industry* (Empire), by Brock Yates: The history of the General Motors "J" car, from its creation to its subsequent failure, leads off Yates's look at Detroit's errors. A depressing but interesting view of an American industry.

*Things to Come and Go* (Knopf), by Bette Howland: Three stories that reveal a gutsy new writer with a good ear for dialog, a sense of humor and an anthropologist's delight in the details of her characters' lives.

X *Lowenstein: Acts of Courage and Belief* (Harcourt Brace Jovanovich), edited by Gregory Stone and Douglas Lowenstein: This is an anthology of activist politician Allard K. Lowenstein's speeches, plus articles about the man by such diverse observers as David Halberstam, William F. Buckley, Jr. and Jack Anderson. More

AN EPITAPH THAN A CRITICAL BIOGRAPHY.

PLAYBOY - JUNE