

Mr. Henry Wade  
Geary, Glast and Middleton  
500 Trammel Crow Center  
2001 Ross Ave.,  
Dallas, TX 75201-2916

3/28/92

Dear Henry,

I owe you an apology. The only explanation I can give is not satisfactory. It is from the accumulation of years and what you refer to, new medical problems and I just forgot. I'm sorry.

I wrote asking you to try to get the city records released as soon as I heard of them. The papers I see carried virtually nothing. I'd also heard nothing from the few in Dallas I expected to hear from. Then from an unexpected source I got copies of what he had copied. Those pages were hardly worth the time it took to read them. Then I did get a few skimpy pages relating to the "tramps." About whom I think there should be more because of all the noises made about them by Jim Garrison and Mark Lane. So, I hope that if they contain any significant information in time I'll get copies. One of the real problems is that those examining these records, I understand with some difficulty because there is only one set and that can be looked at by only one person at a time and then only under supervision, usually begin with preconceptions for which they seek proof and ~~xxxx~~ are not sensitive to anything else. I've not even been sent copies of what the Dallas papers printed.

As a friend I take the liberty of giving some unsolicited advice. I've heard you now say you believe the official account of the JFK assassination. Aside from all the nutty theories there <sup>is</sup> ~~is~~ fact of which you are not aware. The official account ~~is~~ a myth, from the official fact alone.

What you told me is a tenable position. You said that on the basis of what Will Fritz told you Oswald was an assassin. You also said that based on your own experiences with rifles one man could not have done that shooting. Fact is nobody has been able to duplicate it, not the best shots anyone, including the Commission, could get. And there is much more disproof of the official story. So if you are asked again you might want to consider saying that at the time of the crime you said...and you still believe that.

I suppose you heard that I'd had open-heart surgery. It was quite successful but for some reason I've not been able to learn I was denied all upper-body exercise. I'm still limited to lifting 15 pounds. When I developed one of several things I'd never heard of, a "dropped foot," I was sent to a pair of fine physical therapists. They had a Cybex machine, like athletes use, called UBE, Upper Body Ergometer. You sit on it and crank away, able to set the rpm and the energy required. I got one of them to phone the cardiologist who'd refused to prescribe any upper-body exercises and get his OK. He gave it and I do that thrice weekly. The therapists are surprised at what I've been able to do in about two months and

it makes me feel better. So, if you feel that you need upper-body exercise you can get it this way without even having to work up a sweat. At least I don't in 20 minutes of it.

It uses muscles not used in walking and other than <sup>are</sup> used in golfing, if you golf.

Sorry my typing is worse than its usual bad. Most of my fingertips have stayed split this mild, for here, winter.

I go into another of the new medical problems only in the event it happens to you, as I hope it does not.

For about a year and always I'm asleep as soon as my head is on the pillow. But after 4-5 hours I'm wide awake. When I asked the cardiologist he recommended "ytol. I read the label and can't take it. So I asked the family doctor. He gave me a prescription and before I took it my wife checked a book she had on various drugs and possible problems from them. I can't take them either. Then the cardiologist sent me to a neurologist over what the family doctor said was "transitory ischemia," a temporary blockage of blood to the brain. The cardiologist sent me to this neurologist. He thinks those incidents were small strokes. But I saw on his wall that he and his associate have a sleep-disturbance clinic at a hospital not far away. He sent me there for an overnight sleep test. My it is simply fantastic what these new machines can detect and record. Through 25 sets of wires attached mostly to the head. He learned that when I thought I was sleeping soundly and well for those few hours I wasn't at all because I stop breathing and do not know it. Never wakes me up. This can be cured by surgery of the carotid arteries in the neck but I'm a poor candidate for any surgery. So I'll be connected up to all those wires- takes an hour and a half just to wire me up - Tuesday night but this time I'll be wearing a mask that helps correct the problem with most people.

So, as I hope you don't, if you are tired after seeming to sleep enough or can't stay asleep, have a check to see if you have "sleep apnea."

Thanks and best wishes,

*Harold*  
Harold Weisberg